

Nebraska FCCLA

STAR Events Handbook



2022-2023

Contents

Introduction to STAR Events	3
Nebraska Events	3
National Events	3
District STAR Events Coordinators	4
Management of District and State Competitions.....	4
Personnel	4
Evaluator Information	5
Evaluator Orientation.....	5
Fees	6
General Rules – <i>also review p. 11 (General Rules) & p. 13-14 (FAQ) of the STAR Event Guidelines</i>	6
General Presentation and Format Rules.....	6
Dress Policy	6
Disqualification.....	7
Substitution	7
Advancing in STAR Events & Awards	7
Students with Accommodations.....	7
State Terms	8
Changes Between District, State, and National Competition	9
File Folders.....	11
Works Cited Resources	11
Online STAR Events	11
STAR Events in Nebraska 2022-2023.....	12

Introduction to STAR Events

STAR Events (Students Taking Action with Recognition) are competitive events in which members are recognized for proficiency and achievement in chapter and individual projects, leadership skills, and career preparation.

FCCLA STAR Events offer individual skill development and application of learning through the following activities:

- Cooperative: teams work to accomplish specific goals
- Individualized: an individual member works alone to accomplish specific goals
- Competitive: individual or team performance is measured by an established set of criteria

STAR Events promote the FCCLA Mission to focus on the multiple roles of family member, wage earner, and community leader. Each event is designed to help members develop specific lifetime skills in character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.

STAR Events encourage active student participation and recognize accomplishments of youth. The belief that everyone can be successful is the foundation of these events. Cooperation and competition are stressed in positive, constructive ways. Respect and interaction between youth and adults are fostered by establishing teams of adult and youth evaluators and event managers.

Nebraska Events

Nebraska STAR Events enable members to demonstrate proficiency and achievement at the District and State level. Nebraska has decided to keep the levels for its Nebraska Only STAR Events as Junior and Senior. Individuals or teams research a topic and make a presentation using visuals in one of the following sub divisions:

- Nebraska Consumer Issues (Junior Category Only)
- Nebraska Family Challenges and Issues
- Nebraska Health and Wellness

National Events

These events are divided into four categories as listed below. These events enable members to demonstrate proficiency and achievement at the District, State, and National level.

- Foundational Events: These events, which build basic leadership and life skills, are for FCCLA members who want to get involved and improve upon themselves.
- Leadership Events: These events provide an opportunity for leaders to gain recognition for their work in their chapters. The event content is designed to be a chapter project led by the team who takes it to the competition.
- Career Preparation Events: These events for members exploring a specific career area. Most events are for Level 2 and Level 3 participants who have spent time building career specific skills and knowledge, but a few events are open to Level 1 participants who want to explore a specific career path.
- Online Events: These events have two participation levels. In Level I, participants submit their online, digital project for evaluation. In Level II, the twenty (20) highest scoring entries are invited to present their digital project, plus an oral presentation, at the National Leadership Conference.

District STAR Events Coordinators

District	Name	Chapter	Email Address
1	Kim Nolte	Falls City	knolte@fallscityps.org
2	Ann Endres	Centennial	ann.endres@centennialbroncos.org
3	Amy Mach Tiffany Fritzingler-Lopez	Millard West Fremont	ammach@mpsomaha.org tiffany.fritzingler-lopez@fpsmail.org
4	Nancy Schlautman	Sutton	nschlautman@spsne.org
5	Kassandra Beebe	Humphrey	kassandrabeebe@humphrey.esu7.org
6	Darla Windholz	Holdrege	darla.windholz@dusters.org
7	Michelle Galles	Wakefield	mgalles@wakefieldschools.org
8	Kim Scarborough	Neligh-Oakdale	kscarborough@nowarriors.org
9	Sherry Black	Boyd County	sherryb@boydcounty.org
10	Mikaela Franzen	Theford	mikaela.franzen@thefordschools.org
11	Suzanne Martin	Medicine Valley	smartin@medvalley.org
12	Joy Houser	Garden County	jhouser@gceagles.org

*Identifies members of the Nebraska FCCLA STAR Events Advisory Committee.

Management of District and State Competitions

Personnel

Many individuals are needed to assist in the management of the State STAR Event Competition. Both student members and adults play an important role in the success of the competition by serving in the following areas:

STAR Event Coordinator: Adviser who handles the planning and overall coordination.

Assistant Coordinator(s): Adults with experience in working with STAR Event Competitions who assist the Lead Coordinator prior to and during the State Competition.

Lead Consultants: Three individuals per District including STAR Events Coordinators for the current year and coming year serve as event consultants during the State Competition.

Evaluators: Evaluation teams composed of students, alumni and adults are responsible for evaluating entries, assigning rating to participants, and discussion strengths and areas for improvement. Advisers are asked to contribute names of individuals who can assist in this area.

Youth Room Consultants: Students or alumni that help time events, serve as runners, or assist with other responsibilities as needed by the Lead/Room Consultants. Chapter Advisers are asked to submit youth volunteers to serve in this capacity.

Evaluator Information

Evaluators play a vital role in the success of all students in STAR Events. These volunteers provide feedback and support to competitors not only in the competition but also that competitors can take back and continue to improve their knowledge and original project. Districts may set their own guidelines for arranging evaluators, but the following outlines how evaluators are recruited, trained, and recognized for their work at the state level.

Recruitment

Annually, the State Leadership Conference requires over 150 evaluators to make events run smoothly. All efforts are made to ensure that three evaluators and one Lead Consultant are present for each competition. Evaluators from previous years are contacted at the end of December and are allowed to begin signing up for specific events. Evaluators can be former members, advisers, or other adults however all efforts are made to ensure that no one evaluates a group in which they have a connection with such as being from the same community. Local advisers are discouraged from serving as an evaluator at the State STAR Event competition and absolutely may not evaluate if they have an entrant in that event. Students are only allowed to evaluate if they competed in *that* event at the National Leadership Conference.

The State Association also works to recruit volunteers from future FCS teachers by working with teacher educators, business and industry representatives, organizational partners, and employees at the Nebraska Department of Education.

Training

Once events are organized and we can assign all evaluators to an event, each is sent the event guidelines including rubrics and links to view the actual event. These are sent by the second week of March to allow time to view and prepare.

In some situations, evaluators may be asked to evaluate more than one event. In these cases, additional materials are sent. All efforts are made to ensure that the events are at least similar in content.

Recognition

The volunteerism from the STAR Events evaluators is extremely vital and all efforts to recognize these volunteers are encouraged. At the State Leadership Conference, evaluators are provided lunch, free parking, and a small gift. In addition, if evaluators wish to stay for the entire State Leadership Conference, they are eligible for a discounted registration rate.

Evaluator Orientation

An orientation for evaluators, hosted by the Lead Consultant, is held just prior to STAR Event competitions. During this session, the following topics are addressed:

- STAR Events general information
- STAR Events competition philosophy
- Evaluation techniques and consistency
- Procedures clarification
- Rules and rubric review

Fees

District: Districts may set their own fees as stated in their policies.

State: Each participant in a team or individual event pays a fee to help cover STAR Event expenses such as room rental, certificates, evaluators, recognition session expenses, awards, and supplies. STAR Event fees are nonrefundable after the deadline date set by the State Adviser.

General Rules – *also review p. 11 (General Rules) & p. 13-14 (FAQ) of the STAR Event Guidelines*

1. All STAR Event projects must be developed and completed during a one-year span beginning July 1 and ending June 30 of the school year before the National Leadership Conference.
2. All STAR Event projects must be planned and prepared by the participant(s) only. Supporting resources are acceptable as long as participants are coordinating their use and resources are cited appropriately verbally and/or in print during the presentation to avoid false credit for unoriginal or non-participant work.
3. No projects can be entered in more than one category of a single event or in more than one event. However, projects entered in any event may be included in the Chapter in Review events.
4. Chapter advisers should ensure that identical presentations of the same project are not entered into STAR Events multiple years.
5. All STAR Event participants must complete the [Nebraska FCCLA STAR Event Project Information Form](#), which includes submitting their FCCLA Planning Process. This is in an effort to ensure that multiple projects are not entered and that projects are original from year to year.
6. Participants are responsible for their own event materials. Any items left behind are not the responsibility of Nebraska FCCLA and may be discarded.

General Presentation and Format Rules

1. When using resources such as audio visuals or graphics, participants need to work to coordinate their use and ensure that resources are cited appropriately verbally and/or in print during the presentation to avoid false credit for unoriginal or non-participant work. Participants are encouraged to use original materials, items licensed for reuse, or items in which copyright permission has been granted.
2. Avoid using materials that may be dangerous to others or that may damage property (i.e. glass, acids, glitter, etc.) Any cost related to clean-up assessed by the facility will be passed on to the responsible chapter.
3. No electricity will be provided.
4. Participants are to maintain an appropriate appearance and attitude during all STAR Event activities.
5. Participants should be on time to avoid losing points.
6. Pages are to be single sided only and should be legible and in a size that is easy to read.
7. Participants may present in front, behind, or beside the designated table or space.
8. Any materials including technology or easels necessary to present must be provided by the participants.

Dress Policy

Student dress should contribute to the positive, professional image of FCCLA. For participation in competition, follow event specifications for dress. Unless otherwise specified, appropriate clothing in events that do not allow costumes or chef attire is the attire that meets the [Nebraska FCCLA Dress Code](#). If attending conference activities prior to or immediately after a STAR Events presentation, be prepared to change into clothing that meets the conference dress code.

Disqualification

Disqualifications are unfortunate to everyone concerned. Students must be affiliated members of FCCLA by January 1. A disqualification may result due to the failure to send dues to National Headquarters and/or Nebraska FCCLA. At the district and state level, a disqualification may result due to the failure of a student to complete the [Nebraska FCCLA STAR Event Project Information Form](#).

Substitution

In the event that substitutions/changes need to occur within a STAR Event prior, during, or after competition, the following guidelines must be followed. Deviation from these guidelines at any time will result in the disqualification of the individual or team.

- At any point, if an individual who is competing as part of a group drops out for any reason, the team can compete without that group member. If the team advances to the next level, the individual who dropped may join back into the competition at that next level. The decision to allow that dropped individual to compete again is up to the discretion of the local chapter adviser. With the exception of Parliamentary Procedure, only members whose names appear on the original registration (district registration) can compete at the next level.
- In Parliamentary Procedure, if a member(s) drops, another member from that chapter may take their place without their name appearing on the original registration. Teams may only replace the same number of names as those that dropped from the original registration information.
- If the event is an individual event or it is an individual competing in a team event, absolutely no substitutions can take place at any time or at any competition level.

If an individual or team drops out of an event, the next top finisher may be eligible if their scoring meets the minimum requirements.

Advancing in STAR Events & Awards

The Nebraska Association will follow all scoring levels, guidelines, and rubrics provided by National FCCLA with the following exceptions:

- Nebraska STAR Events
- To receive a medal, students must score a minimum of 50 points

Advancement from the District level to the State level of competition is based on each District's policies. Advancement from the State level to the National level of competition is only permitted when the entry receives a Silver medal (70.00 points) or above.

All participants will receive a certificate for competing at the State Level. Medals will be awarded to member who receive 50 points or higher on the rubrics.

- 50-69.99 points — Bronze
- 70-89.99 points — Silver
- 90-100 points — Gold

The top score at the State Level becomes the State Champion in that event and the second highest score becomes the Runner-Up. Both of these designations will qualify participants for the National STAR Event competition, as long as the entry receives a score above 70.00 points. The decision of the evaluators is final. Only when scoring errors are discovered which impact the medal placement, will scores be altered.

Students with Accommodations

IEPs may be presented when students register, if accommodations are necessary for their specific event. This information will be shared with the event Evaluators and/or Room Consultant. Advisers must complete the [FCCLA Participant with Accommodations Form](#) prior to the District competition.

State Terms

Sub Division: Nebraska STAR Events are divided into three sub divisions - Nebraska Consumer Issues, Nebraska Family Challenges and Issues, Nebraska Health & Wellness

Entrant: A person who gives either an individual presentation or is a member of a team presentation

Team: consists of one to three persons, except for Parliamentary Procedure (4-8)

Category: membership level (i.e. Level 1 or Level 3)

Event: a grouping of related presentation with a specific set of rules (i.e. Interpersonal Communications, Chapter in Review, etc.)

State Champion: The highest-rated presentation at the State STAR Event Competition

State Runner-Up: The second highest-rated presentation at the State STAR Event Competition

Changes Between District, State, and National Competition

District Level	State Level	National Level
Extent of Individual Participation		
Determined at District level.	Each person is limited to one event.	Each person is limited to one event.
Documentation of Number of Presentations Required (Proof of Presentation) (only applies to Nebraska Consumer Issues, Nebraska Family Challenges & Issues, Nebraska Health & Wellness, Professional Presentation, and Sustainability Challenge)		
Determined at District level.	Three. One must represent an outreach to an audience containing individuals who are not FCCLA members. Professional Presentation and Sustainability Challenge Follow the guidelines presented in the STAR Event Guidelines. <i>District Competition DOES NOT count!</i>	Professional Presentation and Sustainability Challenge ONLY Level 1: 1 presentation Level 2: 2 presentations Level 3: 3 presentations <i>District & State Competitions DO NOT count as prior presentations!</i>
File Folder Label		
Name of STAR Event, Level Participant Name(s) Chapter	Name of STAR Event, Level Participant Name(s) Chapter, District	Name of STAR Event, Level Participant Name(s) Nebraska
*For Nebraska STAR Events, use the sub division titles (i.e. Nebraska Consumer Issues).		
Registration and Orientation		
Determined at the District level.	No on-site registration. At least one team member must be present at orientation to receive points.	Adviser only picks up registration packet. At least one participant must watch the online orientation video and submit the STAR Events Online Orientation Form by June 15.
Evaluators Required		
Determined at the District level.	1-3 events = 1 evaluator 4-6 events = 2 evaluators 7-9 events = 3 evaluators 10+ events = 4 evaluators Evaluators are not required to register for SLC, but a discounted registration rate is available, if they choose to stay for the duration of the conference.	1 volunteer required for every 3 STAR Event competitors from Nebraska. Evaluators must be registered for NLC or volunteer as a VIP evaluator.
Evaluator Minimum Qualifications		
Determined at the District level.	Students may only evaluate in STAR Events if they have competed in that event at the National level.	Volunteers may represent any subgroup including students, advisers, adults, alumni, and sponsors.
Portfolio Submission		
Determined at the District level.	All materials are submitted at the assigned competition time. If utilizing an electronic portfolio, competitors should ensure that the device has been charged. Entrants are asked to arrive at least 30 minutes prior to presentation time.	Participants should check guidelines relative to their specific event.

Supplemental Material Preparation Times – Case Studies, Tests, Writing Samples		
<p>Determined at the District level.</p>	<p>Tests, Case Studies, and Writing Samples will all be completed prior to the presentation time. This eliminates the need for a separate room to complete the requirements.</p> <p>Participants in the following events will complete their Test, Case Study, or Writing Sample on Sunday, April 2 from 5:00-5:30pm.</p> <ul style="list-style-type: none"> • Culinary Math Management • Hospitality, Tourism, & Recreation • Interpersonal Communications • Parliamentary Procedure • Promote & Publicize FCCLA 	<p>Determined at the National level.</p> <p>Online testing window is May 1-19, 2023.</p> <ul style="list-style-type: none"> • Culinary Math Management • Parliamentary Procedure
Handouts/Materials Given to Evaluators		
<p>Not allowed; will be disregarded by the Evaluation Team.</p>	<p>Not allowed; will be disregarded by the Evaluation Team.</p>	<p>Not allowed; will be disregarded by the Evaluation Team.</p>
Handling a Tie		
<p>Determined at the District level.</p> <p>Refer to the National STAR Events Tie-Breaker Procedures (p. 23 in the National STAR Events Guidelines) when deciding how to break ties for specific events.</p>	<p>If a tie results in the first 3 positions, all efforts will be made to address it immediately so that the evaluators may make the determination.</p> <p>Participants may be asked to bring items back in or retake take an exam into order to break a tie.</p> <p>The National STAR Events Tie-Breaker Procedures (p. 23 in the National STAR Events Guidelines) will be used.</p>	<p>The National STAR Events Tie-Breaker Procedures (p. 23 in the National STAR Events Guidelines) will be used to break ties at the National level.</p>
Resolving Conflicts		
<p>The District shall have the authority to determine action to be taken when situations arise. A minimum of three persons including students and adults, and each representing different chapters not related to the situation, shall decide what action shall be taken.</p>	<p>A STAR Events Advisory Committee is selected for the purpose of resolving issues that may arise in the District (only if they cannot be resolved at that level) and State level competitions. A new committee is selected each year with one member being selected per region. The committee may include the Vice-President of Competitive Events and/or Competitive Events Intern.</p>	<p>Issues would be referred to the Competitive Events Advisory Team for consideration during the next revision.</p>

File Folders

If your event requires a file folder, follow guidelines in preparing the file folder.

- 1 file folder
- Three sets of requested materials, each set stapled separately. Check the specific event guidelines for what *exactly* should be included as requested materials.
- File folder must be labeled in the following way for each level of competition.
- The label should be placed on the outside of the folder in the top left corner.

Criteria

<i>District</i>	<i>State</i>	<i>National</i>
Name of STAR Event and Level Participant Name(s) Chapter	Name of STAR Event and Level Participant Name(s) Chapter, District	Name of STAR Event and Level Participant Name(s) Nebraska

Example

<i>District</i>	<i>State</i>	<i>National</i>
Nebraska Consumer Issues Junior Michael Doe Kearney	Professional Presentation Level 2 Julie Smith, Travis Johns Kearney, District 9	Interior Design Level 3 Lucy Grace Nebraska

Works Cited Resources

Several STAR Events require participants to use MLA or APA citation style to cite all references. There are many resources available to assist with this including the FCCLA Quick Reference Chart found at <http://fcclainc.org/programs/resources.php>.

As a reminder to advisers and participants, just because something is cited, does not mean that you have permission to use it. Be diligent in protecting copyrighted work. If you have questions about what is okay to use, whether it be an image, song, document, or video clip, please visit the Fair Use Checklist through Columbia University for guidance at <http://copyright.columbia.edu/copyright/fair-use/fair-use-checklist/>.

Online STAR Events

Online STAR Events have two participation rounds. In the Preliminary Round, participants submit their online, digital project for evaluation by February 1 at 5pm EST. The fifteen (15) highest scoring entries, as long as they scored 70.00 points or above, will be eligible to compete at the National Leadership Conference.

Event	Ind. or Team	# of Entries per Chapter	Category of Events		
			Level 1	Level 2	Level 3
FCCLA Chapter Website – <i>chapter website, oral presentation at NLC</i>	1-3	1	Yes	Yes	Yes
Digital Stories for Change – <i>digital story, project components, oral presentation at NLC</i>	1-3	2 per level	Yes	Yes	Yes
Instructional Video Design – <i>instructional video, project components, oral presentation at NLC</i>	1-3	2 per level	Yes	Yes	Yes

STAR Events in Nebraska 2022-2023

An *individual* event is one that is completed by the *individual*. A *team* event is one that is completed by *team* members, with the exception of Chapter Service Project, Chapter in Review, and Promote and Publicize FCCLA, which reflect the efforts of other chapter members.

Nebraska Events	# Entrants in Event	Category of Events		
		Junior	Senior	
Nebraska Consumer Issues – <i>file folder, visuals, oral presentation</i>	1-3	✓		
Nebraska Family Challenges & Issues – <i>file folder, visuals, oral presentation</i>	1-3	✓	✓	
Nebraska Health & Wellness – <i>file folder, visuals, oral presentation</i>	1-3	✓	✓	
National Events	Ind. or Team Events	Level of Events		
		Level 1	Level 2	Level 3
Baking and Pastry – <i>develop plan, prepare menu items, present prepared items</i>	1			✓
Career Investigation – <i>portfolio, oral presentation</i>	1	✓	✓	✓
Chapter Service Project Display – <i>display, oral presentation</i>	1-3	✓	✓	✓
Chapter Service Project Portfolio – <i>portfolio, oral presentation</i>	1-3	✓	✓	✓
Chapter in Review Display – <i>display, oral presentation</i>	1-3	✓	✓	✓
Chapter in Review Portfolio – <i>portfolio, oral presentation</i>	1-3	✓	✓	✓
Culinary Arts – <i>develop plan, prepare menu items, present prepared items</i>	1			✓
Culinary Math Management – <i>file folder, oral presentation, visuals, test, case study</i>	1-3			✓
Early Childhood Education – <i>portfolio, teaching supplies, case study, oral presentation</i>	1			✓
Entrepreneurship – <i>portfolio, oral presentation</i>	1-3	✓	✓	✓
Event Management – <i>portfolio, oral presentation, event volunteering experience</i>	1-3	✓	✓	✓
Fashion Construction – <i>display, sample garment, file folder, oral presentation</i>	1		✓	✓
Fashion Design – <i>portfolio, sample garment, oral presentation</i>	1-3		✓	✓
Focus on Children – <i>display, oral presentation</i>	1-3	✓	✓	✓
Food Innovations – <i>display, oral presentation, suggested product packaging</i>	1-3	✓	✓	✓
Hospitality, Tourism, and Recreation – <i>portfolio, oral presentation, case study</i>	1-3		✓	✓
Interior Design – <i>file folder, visuals, oral presentation</i>	1-3		✓	✓
Interpersonal Communication – <i>file folder, oral presentation, case study</i>	1-3	✓	✓	✓
Job Interview – <i>portfolio, interview</i>	1		✓	✓
Leadership – <i>portfolio, oral presentation</i>	1		✓	✓
National Programs in Action – <i>file folder, visuals, oral presentation</i>	1-3	✓	✓	✓
Nutrition & Wellness – <i>portfolio, oral presentation</i>	1-3	✓	✓	✓
Parliamentary Procedure – <i>test, demonstration meeting, minutes</i>	4-8	✓	✓	✓
Professional Presentation – <i>file folder, visuals, oral presentation</i>	1-3	✓	✓	✓
Promote & Publicize FCCLA – <i>portfolio, oral presentation, writing sample</i>	1-3	✓	✓	✓
Public Policy Advocacy – <i>portfolio, oral presentation</i>	1-3	✓	✓	✓
Repurpose and Redesign – <i>display, oral presentation</i>	1-3	✓	✓	✓
Say Yes to FCS Education – <i>portfolio, classroom observation, plan & execute lesson, FCCLA integration plan, oral presentation</i>	1		✓	✓
Sports Nutrition – <i>file folder, oral presentation, demonstration</i>	1-3	✓	✓	✓
Sustainability Challenge – <i>portfolio, oral presentation</i>	1-3	✓	✓	✓
Teach or Train – <i>portfolio, oral presentation, shadowing experience</i>	1	✓	✓	✓