

# THE RED LEADER



CELEBRATING FCCLA WEEK

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## UPCOMING EVENTS...

### MARCH

- 01 A Day in Your Future follow up forms due
- 01 National Program Awards, National Chapter Public Relations Award and National Scholarship applications due
- 01 National School Administrator Award application due to State Adviser
- 01 National FCCLA Master Adviser & Adviser Mentor Award applications due to State Adviser
- 01 Safe Rides Save Lives PSA submissions due

### MARCH (continued)

- 01 State Leadership Conference registration closes
- 01 Affiliation deadline (paid) for students attending SLC
- 01 Nebraska Individual, Chapter and Adviser Award application due
- 15 March Red Leader published
- 17 SLC payment deadline
- 31 March Adviser, Chapter & Member of the Month nominations due

# CELEBRATING FCCLA WEEK!



We wanted to treat our incredible members!

@ginwfccla



We decorated and helped serve the Sweetheart Dinner at the Senior Center!

@croftonfccla



To Make Educators Count, we hosted a nacho bar at lunch for teachers and staff at the high school.

@crete7ccla



Epeter-Milligan "anything but a backpack" day! creative "backpacks" today!

@mlaunvossler

# Chapter Spotlight

## Overton



Overton FCCLA, led by junior Jada Araujo, has been collecting hygiene items for their "Shelf Care 101" project. In the bathrooms there were empty bookshelves that the chapter is now stocking with baskets of hygiene items such as deodorant, toothpaste, feminine hygiene supplies and take-home bags containing shampoo, condition, body wash, etc. These items are available for students to take home or use throughout the school day.

## CONGRATULATIONS CHAPTER DEVELOPER AWARD WINNERS!

1st Place: O'Neill FCCLA

2nd Place: Howells-Dodge FCCLA

3rd Place: Wakefield FCCLA

*Thank you for  
your continued  
development efforts  
on behalf of  
Nebraska FCCLA!*

# Chapter Spotlight

## Leigh-Clarkson



The Leigh-Clarkson FCCLA chapter baked cookies for the PreK-6th grade students at Leigh Elementary on November 23. An Unlikely Story Bookstore hosted a virtual event featuring illustrator Pete Oswald for the elementary students. He explained how a story is made, read one of the books he has illustrated, *The Smart Cookie*, and taught how to draw the main character. After the illustrator's presentation, the students broke into their family groups to decorate the cookies prepared by our FCCLA chapter. Our PreK-6th grade students were able to enjoy a good book, cookies, frosting, and sprinkles!



## LOVE IS RESPECT

The month of February is back with so much in a person's life. In February we are celebrating a holiday that was built on love, Valentine's Day. What some people may not know is that February is also Teen Dating Violence Awareness month. According to Love is Respect, 1 in 3 teens in the US will experience physical, sexual, or emotional abuse from someone they're in a relationship with before they become adults, and 43% of college women report experiencing violent or abusive dating behaviors. Some people are looking for love and once they find it they may think that person is the one. We all need to be aware of red flags in a relationship.

A healthy relationship should consist of trust, honesty, respect, equality, and compromise. We have seen multiple signs of an unhealthy relationship all around us in schools. The hard part of being in love is understanding the fact that you may not be in the right relationship. Some may say that you can change or that they will change for you. Sometimes that may happen but it is not common. A healthy relationship may have disagreements but in the end you still love one another and don't hold grudges. You both understand each other and appreciate one another.

Youth. Gov says that dating violence can negatively impact the development of a person's identity as youth grow into adulthood. If you stay in an abusive relationship for a long period of time you may not be the same person you once were. You may not have the same personality or friends you once had. Teens who suffer from dating abuse are subject to consequences such as alcoholism, eating disorders, thoughts of suicide, and violent behavior. Dating violence may also make you feel more secluded from the world and impact your self esteem.

There are many ways you can prevent dating violence. Being aware of risk factors such as a friend who has experienced dating violence or having been exposed to harsh parenting. You can also learn protective factors to help yourself in situations. Protective factors can include higher levels of bonding with parents or learning how to manage a conflict. Another way is when a teen is empowered through family, friends, and other role models to lead a healthy life and establish healthy relationships.

In the month of February you may be excited for a holiday about love but think about other relationships that may not be as healthy as yours. Talk with someone you are comfortable with if you feel stressed in your relationship. Share awareness with friends and family about the signs of dating violence and how you can prevent it from happening. Steve Maraboli once said, "We all make mistakes, have struggles, and even regret things in our past. But you are not your mistakes, you are not your struggles, and you are here now with the power to shape your day and your future." Don't only think about teen dating violence awareness in February but every month. We may not see it happening but sharing your knowledge with others can change a person's life.

## Chapter Spotlight

## Twin River



In August, members visited grades PreK-2nd to read to students a book about exiting cars safely and remaining safe in parking lots. The book was called "Cars are Big and I am Small". After reading the book, members asked the students what they learned and provided everyone with a STOP PROP car magnet with instructions to place it on their car, exit vehicles safely, and put their hand on the stop prop while waiting for their caregiver to hold their hand and cross traffic or parking lots safely. STOP PROPS and books are being donated to the Early Head Start in Nance County, all daycares in Genoa, Monroe, and Silver Creek, and the Sherriff's Departments of Nance, Platte, and Merrick County. 525 STOP PROPS were created through this project.

# Chapter Spotlight **Boyd County**



The Boyd County Chapter hosted a Mental Health Awareness Week, January 17th-21st. Throughout the week, members encouraged students to participate in positivity activities and dress up days. Members created two positivity bulletin boards in our school and held a green out for mental health awareness at the home basketball game on Thursday. Members handed out green ribbons to all spectators that evening as well. Our chapter hopes through the efforts of our project, we have brought awareness to the importance of self care and mental health in our school and community.

## IT'S AWARDS SEASON!

- [2021-2022 Nebraska FCCLA Awards Guide](#)
- [Awards Planning Document](#)



Learn more about Awards on the [Nebraska FCCLA website!](#)

# Chapter Spotlight

FCCLA members who planned on completing a STAR project were invited to spend the night at the school. We spent the night baking cookies for our fundraiser and working on our STAR projects before the holiday break. We also played games and watched movies as a chapter. Members arrived at the school at 1:00 pm and stayed until 7:00 the next morning. We had lots of fun spending time together and completed most of our STAR projects, so we were not rushed coming back from Christmas break.

## **Callaway**



# ALUMNI OPPORTUNITIES

As alumni of FCCLA, you have the opportunity to share the skills you learned through FCCLA with current members! Your expertise is highly valued and very much appreciated by the state association. Here are some ways that you as alumni can help advance the organization of FCCLA.

1. **Volunteer to be a STAR Event Evaluator!** The state association is constantly looking for judges for the State STAR competition. Students really appreciate when they have the opportunity to present their projects to judges who have had firsthand experience with competing in STAR. If you would like to sign up to be a State STAR Event Evaluator for the upcoming State Leadership Conference visit <https://www.nebraskafccla.org/support-fccla/volunteer-opportunities/>.
2. **Join the network of Nebraska FCCLA Alumni!** Every Nebraska FCCLA alumni has an opportunity to stay connected through a membership of Nebraska FCCLA Alumni and Associates! Nebraska Alumni and Associates are currently working on building our alumni and associate database and providing professional networking, resources, and connections to the things that matter most to our organization. If you would like more information or wish to join Nebraska Alumni and Associates visit <https://www.nebraskafccla.org/support-fccla/alumni-associates/>.
3. **Stay in touch with your former FCCLA adviser and FCCLA Chapter!** Local FCCLA chapters may participate in individual alumni recognition opportunities. These opportunities could include, but are not limited to speaking engagements and career fairs. There are truly so many opportunities to connect with local FCCLA members!
4. **Apply for alumni and adult awards!** There are many opportunities for adult recognition within the organization of FCCLA. We know that Nebraska has many outstanding alumni that deserve recognition at the national level. If you wish to apply for recognition visit <https://fcclainc.org/lead/advisers/awards>.
5. **Follow FCCLA accounts on social media!** Your interactions with social media posts benefit FCCLA at the local, state and national level. Simply following and liking posts can provide encouragement and recognition for FCCLA members. You can follow the Nebraska FCCLA State Association on Facebook, Instagram, and Twitter! Our social media handle is @nebraskafccla. You can follow the accounts of National FCCLA as well! Their handle is @nationalfccla.

Last but not least, we want to take this opportunity to thank you for your support of Family, Career, and Community Leaders of America. We would not be where we are today without current and former members of FCCLA! You truly advance our organization more than you would think!



by Harleigh  
Claussen  
*VP of  
Development*



# Chapter Spotlight

## Battle Creek



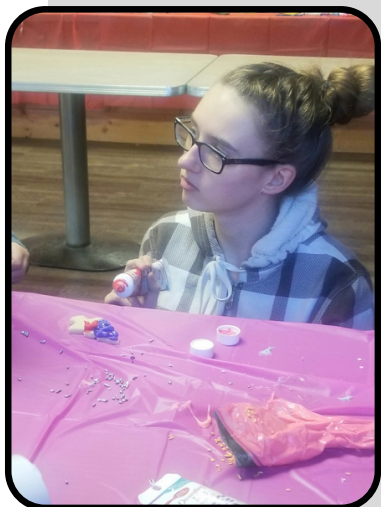
Since last year the Battle Creek FCCLA Chapter has worked hard to gain new members to build our chapter. Increasing membership from 5 to 26 was a huge success in our Chapter. This year our chapter was thrilled to have 10 out of 13 STAR competitors qualify for state. This was a big accomplishment and gave our chapter recognition from peers, community members and staff. We are all thrilled to qualify for state and can't wait to see what Nebraska FCCLA has planned for April.



## CHAPTER OF THE MONTH

### Minden FCCLA

Minden FCCLA has hosted several major events for our school and community. We started the month by partnering with the other CTSO's in our school (FFA and FBLA) to plan a community wide Fall Fun Day, featuring a wide assortment of games, activities, food, and more! We also initiated a new program at where each member of our chapter has been assigned to a special family unit which is led by one of our officer team members. We have 9 families, with 3 to 4 members in each. Our goal is to bring our chapter closer together by learning more about each other on a personal level!



## MEMBER OF THE MONTH



### Summar Schaefer, Thedford FCCLA

Summar Schaefer is the current Thedford FCCLA chapter's President as well as District 10's Vice President of Public Relations. Summar embodies being a future Family, Career and Community Leader of America by showing students that they can do anything through hard work and determination. She helps lead FCCLA fundraisers, chapter meetings, expressing member concerns/ideas, planning of FCCLA events and creating ideas of her own on fun things we can do to recruit and retain members within our FCCLA chapter.



# ADVISER OF THE MONTH

January

## Mrs. Angie Ehlers, Overton FCCLA

Mrs. Ehlers demonstrates all the qualities of what it means to be a leader—both in her own chapter and within District 10. Angie has been awesome to work with! From answering questions, helping other advisers, and hosting the District 10 STAR Event Competition. She is truly a leader that is ready and willing to jump into action when help is needed. You can tell that she truly cares for her students and is passionate about FCCLA. She is not only a chapter adviser, but also a SPOT adviser. Overall, Angie is an outstanding FCCLA Adviser who has been a great role model and mentor to look up to!

## Chapter Spotlight

The Elkhorn North FCCLA Chapter committed time this winter to raise awareness for and prevent Intimate Partner Violence (IPV). Members made an informational video that was shared with the entire school, created flyers to post and raise awareness around the community, and collected donations for the Women's Center for Advancement to help victims of IPV.

## Elkhorn North



Nebraska Family, Career, and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences education.



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