

THE RED LEADER



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UPCOMING EVENTS...

AUGUST

- 23** Fall Leadership Workshop Registration opens
- 31** Chapter Spotlights for September Red Leader due
- 31** August Adviser, Chapter & Member of the Month nominations due

SEPTEMBER

- 01** LifeSmarts Coaches Registration opens
- 08** Fall Leadership Workshop registration closes
- 13** LifeSmarts Online Competition begins
- 15** September Red Leader published
- 20** Fall Leadership Workshop in Kearney
- 30** Health & Safety TeamSmarts Quiz due
- 30** Chapter Spotlights for October Red Leader due
- 30** September Adviser, Chapter & Member of the Month nominations due

ENDLESS OPPORTUNITIES

by Kaylee Hilbers

President



Hello Nebraska FCCLA! On behalf of the state officer team, we are SO excited to kick off the 2021-2022 school year! We are all looking forward to a variety of activities that we have planned for the year, and we are especially looking forward to getting to see you IN PERSON at conferences! I am sure you are all anxious and excited for this school year to start and are looking forward to more 'normal' activities than what we have experienced these last couple of years. Although we all would have preferred to be in person, adapting to our circumstances proves how well FCCLA is at adapting to new situations and preparing its members for the future! I will announce the theme that the state officer team decided on during our time at State Officer Leadership Academy (SOLA), which took place at the beginning of June. You will also hear some of the things that each of the state officers is most excited about and looking forward to this year in this issue of the *Red Leader*!

With all of the obstacles and changes that we have experienced within these last couple of years, the state officer team has decided on the theme (drum roll please!)...



We decided that even though we all encounter numerous challenges, FCCLA provides us with endless opportunities that help teach us how to overcome them. Between the numerous STAR events, LifeSmarts, and the variety of projects you can do in National Programs, there are numerous activities for everyone to participate in. Everyone can find an activity or competition that fits their interests, and each activity within FCCLA helps prepare all members for future life and real-world experiences. We can't wait to see all of you participate and be successful in the ENDLESS OPPORTUNITIES that FCCLA has to offer!

Nebraska was super successful at the 2020-2021 Hybrid National Leadership Conference-we had 50 top 3 competitors and earned 85 gold medals, 90 silver medals, and 9 bronze medals. I can't wait to see the success that each of you has this year with your projects and competitions!

Once again, we are so excited to kick off the 2021-2022 school year! We are so excited to lead this amazing organization and its amazing members this year, and we are so excited to watch you participate in the endless opportunities throughout the year! We look forward to seeing you at the Fall Leadership Workshop on September 20th! Feel free to reach out and contact us at any time-we would love to hear from you! Thanks for checking out this month's Red Leader and hope you continue to check back to stay updated on what's happening with your state officer team and the state association!

AS A STATE OFFICER I AM LOOKING FORWARD TO...



Abby Fiske, Minden
VP of Public Relations

Meeting so many members and being able to recognize all the great things that our members accomplish!

Milli Ciprian, Kearney
VP of Programs

Engaging members in the endless opportunities that National Programs offer!

Tessa Cherry,
VP of Membership

In-person conferences, meeting new members and hearing about why they joined FCCLA!

Harleigh Claussen, O'Neill
VP of Development

Strengthening the partnerships of Nebraska FCCLA through networking!

Natalie Brabec, Leigh/Clarkson
VP of Competitive Events

Meeting so many new members and getting to go to in-person events this year!

Ally Sedlacek, O'Neill
VP of Secretary

Meeting as many members as she can, listening to everyone's FCCLA story, and getting to know members personally!

Rylie Wright, Hemingford
First Vice-President

Sharing information about the scholarships and awards available in Nebraska FCCLA and meeting members!

Natalie Brabec, Leigh/Clarkson
VP of Competitive Events

See all of you in-person and watching you participate in the endless opportunities that FCCLA has to offer!



MEMBERSHIP MATTERS

by Tessa
Cherry
*VP of
Membership*

Helen Keller once said “Alone, we can do so little; together we can do so much.” Members are the people that drive this organization. They are the people that empower others to go above and beyond the limits they thought they had. Everyone knows that we are always recruiting members to this wonderful organization, but there is also retaining the members we have and giving recognition to their efforts.

There are millions of ways to recruit members, from holding a “Get to Know FCCLA” meeting to hosting a new member meeting. Showing the versatility of FCCLA shows numerous students that we are not just focused on one thing but offer countless opportunities for members to grow. Some projects you can do to recruit new members are creating a fun and engaging poster to hang around your school or having an FCCLA Friday. When you are recruiting members, you are able to show the students that we have a central focus of family, but we also have opportunities to help students to grow whether it is personal growth or career preparation.

Being able to retain members sometimes can be difficult. Sometimes students can be so involved that they lose sight of why they first joined and the passion they once had for the organization. When you are planning your next chapter meeting, you can include an icebreaker to help old members engage and build a connection with the new members. This aids in building life long relationships and assists in maintaining the passion for FCCLA strong within every member.

A great way to show recognition to members new and old is demonstrating the appreciation that you have for them. During FCCLA Week, you can have members write each other appreciation notes or dedicate each day to a section of membership (Recruit, Retain, and Recognize). These projects help to convey your members’ importance to the chapter and state association because they are the ones making a difference in FCCLA.

For more information and resources, take a look at our state and national webpages. Both National FCCLA and Nebraska FCCLA run different membership campaigns that you can promote in your chapter to recruit, retain, and recognize members. By doing so, we can continue to prosper in our chapters today, tomorrow, and for many years to come.

Chapter Spotlight

Milford

2021 Prepare Nebraska Winner



Congratulations to Milford FCCLA for receiving the 2021 Prepare Nebraska Award! They worked collaboratively with Milford FBLA to present lessons to students at Milford Elementary School. Each chapter will receive a \$500 grant from Beyond School Bells to continue their project in the upcoming school year!

Chapter Spotlight

Howells-Dodge

2021 Lead4Change Spring Challenge Winner



Congratulations to the Howells-Dodge FCCLA Chapter for being one of six recipients of a \$10,000 grant in the Spring Challenge! Their Literature for Littles project included purchasing books for all students in grades Pre-K through First Grade at Howells Elementary & visiting classrooms so students could select the book they wanted to take home.

Congratulations! Top 3 STAR Event Competitors at the 2021 Hybrid National Leadership Conference!

First Place

- Emily Hagemann & Hayden Wulf, Kearney – Chapter in Review Portfolio, Level 3, Gold
- Laynie Allen, Isabella Ferris, & McKenzie King, Twin River – Chapter Service Project Portfolio, Level 1, Gold
- Cassidy June, Milford – Hospitality, Tourism, & Recreation, Level 3, Gold
- Rachel Malander, Boone Central – Leadership, Level 3, Gold
- Brooklyn Cahoy, O'Neill – Nutrition & Wellness, Level 1, Gold
- Ashley Pischel, O'Neill – Repurpose & Redesign, Level 2, Gold
- Alexz Rodriquez, Overton – Teach & Train, Level 2, Gold

Second Place

- Deakon Lauby, Overton – Career Investigation, Level 1, Gold
- Kaydense Hansen & Ava Neujahr, David City – Chapter in Review Display, Level 2, Gold
- Maria Gonzalez, Sahrai Luna, & Katie Vanderveen, Wakefield – Chapter Service Project Display, Level 3, Gold
- Miranda Batenhorst & Bailey Harpham, Logan View – Digital Stories for Change, Level 2, Silver
- Brynn Settje & Ella Urban, Leigh/Clarkson – Event Management, Level 1, Silver
- Alexis Tira, Minden – Fashion Construction, Level 2, Gold
- Ashley Caballero & Jaquelin Luna-Duran, Neligh-Oakdale – Food Innovations, Level 1, Gold
- Alexis Butterfield & Mary Walnofer, Chambers – Food Innovations, Level 3, Gold
- Autumn Lindsley & Drew Whitney, David City – Interior Design, Level 2, Gold
- Abby Lawton, Overton – National Programs in Action, Level 3, Gold
- Kalli Niemann, Brittany Preister, Cheyenne Ruhnke, Emma Thompson, & Samantha Weeder, Boone Central – Parliamentary Procedure, Level 3, Gold
- Shayla Jacobsen, Plainview – Repurpose & Redesign, Level 1, Gold
- Jaqueline Lara-Patino & Lluvia Montelongo, Scottsbluff – Sustainability Challenge, Level 3, Gold
- Marisa Malander, Boone Central – Teach & Train, Level 2, Gold

Third Place

- Garrett Alexander & Logan Kershaw, Twin River – Chapter in Review Portfolio, Level 1, Silver
- Hana Miller, O'Neill – Chapter in Review Portfolio, Level 2, Gold
- Danika Kreifels & Adelyn Ten Kley, Logan View – Entrepreneurship, Level 1, Gold
- Olivia Lauck & Brooke Pinkelman, Bloomfield – Entrepreneurship, Level 2, Gold
- Katilyn Palik & Choe Zegers, David City – Event Management, Level 2, Gold
- Piper Dather, Crofton – Fashion Construction, Level 2, Gold
- Kylie Cautrell, Winside – Fashion Construction, Level 3, Gold
- Troia Drey & Jessica Nelson, Logan View – Professional Presentation, Level 2, Gold



With a new school year comes new opportunities and goals. With so many of them and so much going on in your life, how is it possible to reach all those goals and ambitions? You use a SMART (Specific, Measurable, Attainable, Relevant, Time-based) goal!

FCCLA's Power of One helps members reach their goals by encouraging them to go through the SMART goal process. By having your goals in writing and having specific steps that you need to follow, you are more likely to reach the goal. There are 5 units of Power of One.

- **A Better You** - encourages members to improve personal habits. For example, goals for this unit could be eating more well-rounded meals, working out more, or meditating for 30 minutes a day.
- **Family Ties** - emphasizes the "Family" part of FCCLA. For example, goals that fall into this unit could be reaching out to a family member you lost touch with, making time for family dinners, or having a family game night once a week.
- **Working on Working** - encourages members to prepare for their lives after high school. This could be setting up a mock interview at a business related to what you want to do with your future, it could be doing a job shadow, or it could be doing research into different fields you are interested in.
- **Take the Lead** - encourages members to fulfill their leadership potential. Some examples of goals for this part are leading a National Program project for your chapter, reading a leadership book, or doing a leadership interview with someone you look up to.
- **Speak out for FCCLA** - encourages members to use their voice to advocate for FCCLA and the amazing opportunities it has to offer and the great experiences it provides. Some examples of goals for this part are posting on your social media about FCCLA once a week, speaking to your school board about your chapter's recent achievements, or having a school event where you talk to students about FCCLA.

Power of One strives to help members improve themselves in every aspect of their lives, while also giving them creative freedom to do it in a way that is most beneficial to them. Keep in mind, all of the goals that you make are up to you! You can have a goal for the duration of a month, or a goal that has the duration of an entire year. The point is to help you grow in whatever way you need. You are also recognized at SLC and NLC for completing all five unites!

For more information about Power of One, visit <https://fcclainc.org/engage/national-programs/power-one>

STARTING THE SCHOOL YEAR OFF RIGHT

One thing that I always struggle with at the beginning of the school year is getting back into the rhythm of things. I'm here to give Nebraska FCCLA members some tips on how to make transitioning from summer to school a little bit easier (even if some don't want to)! Some things to try doing before school starts would be getting in the habit of having a sleep schedule and keeping some sort of daily routine. I have found that if I have a summer routine, I stick to it and go to bed earlier. In the month leading up to the start of the school year, it's easier for me to wake up early for classes and get back into the swing of things.

One thing I do every August is make a list of items I will need for classes.. Normally in high school and junior high, students don't have access to specifics they'll need for each class until the first day, but you know you'll need pencils, binders, papers, a calculator, and other basic things! Even if you don't end up using a binder or pen during the year, I've learned it's better to be safe than sorry! Another thing I've learned over the years is that having a planner to write in from the beginning is extremely helpful! It may seem tedious to write in a planner at the beginning of the year when there's not much going on, but if you get into the habit of writing in it early, it'll be a lot easier to stay caught up on homework and missed class time when you have conferences and other things!

The last thing I would do during the early month of August when school's just starting would be to start thinking about projects and activities you and your FCCLA chapter want to do in the upcoming year. August is the best time to set a loose schedule of big projects and get ideas out in the open, so that both the members in your chapter and your advisor know of your goals for the year and what your plan is! It may seem early to start thinking of STAR projects and National Programs Projects, but by planning early and getting a jumpstart on things, you can make the best of your 2021-2022 school year!

That's all I have to say about starting off the school year! Have a wonderful year! Make sure to be an active FCCLA member in your chapter for the whole year and participate in as many activities, projects, and community service opportunities as possible to help your community and your FCCLA chapter!



by Rylie
Wright
*First Vice-
President*



ADVISER, CHAPTER, & MEMBER OF THE MONTH

Apply Today!



SAVE THE
date

9.20.2021



Fall Leadership Workshop

Younes Conference Center - Kearney

Nebraska Family, Career, and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences education.



NEBRASKA
STATE ASSOCIATION

Chelsey Greene

State Adviser

chelsey.greene@nebraska.gov
(531) 207-3104

Tracy Way

FCS Career Field Specialist

tracy.way@nebraska.gov
(402) 937-5095

Nebraska FCCLA | PO Box 95167 | Lincoln, Nebraska 68509