

# THE RED LEADER



**SPREAD THE WORD ABOUT  
FCCLA WEEK!**

**02-03**

**NEW YEAR'S RESOLUTIONS**

**04**

**FEATURED NATIONAL PROGRAM:  
FAMILIES FIRST**

**05**

**A SIT-DOWN WITH SPOT  
OFFICERS**

**05**



## UPCOMING EVENTS...

### JANUARY

- 31 Chapter Spotlight & Flash to the Past for February Red Leader due
- 31 February Adviser, Member, & Chapter of the Month nominations due

### FEBRUARY - CTE MONTH

- 01 National FCCLA Master Adviser & Adviser Mentor Award applications due to State Adviser
- 01 Nebraska Honorary Membership & Distinguished Service Award applications due

### FEBRUARY - CTE MONTH

- 01 SPOT Award Applications due
- 01 Nebraska FCCLA Scholarship Applications due
- 01 Chapter Developer Award due
- 08-12 FCCLA Week
- 10 FCSTN Legislative Workshop
- 10 State Officer Candidate Interviews
- 14 Nebraska FCCLA's 75th Anniversary!
- 17 District STAR Events results due
- 18 State Officer Team Hangout
- 22 Peer Education Conference

# SPREAD THE WORD ABOUT FCCLA WEEK!

by Alexis Butterfield  
*VP of Public Relations*



Happy New Year Nebraska Family, Career, and Community Leaders of America! I hope you all had a great Winter Break and are anxious to start on the path toward a great year for FCCLA!

With it being January, FCCLA Week is just around the corner and so is CTSO Month! This event is even larger this year for Nebraska FCCLA because we will be celebrating our 75th Anniversary! This is a huge accomplishment for our state association and we want to make this a big celebration! How can you and your chapters spread awareness about this milestone?

Start promoting the upcoming events now! The sooner the information is out, the more time is allotted for excitement and anticipation. Nebraska FCCLA will be posting the FCCLA Week flyer on our social media pages, but here is a sneak peek at what our state and national organization will celebrate each day of FCCLA Week February 8-12. We encourage current members, advisers, and alumni to participate! In the spirit of celebrating 75 years we look forward to engaging former members and leaders in the celebration!

Monday, February 8 is 'The Future of Members,' where you share your FCCLA story and experiences. Alumni can also share their FCCLA journey and how the organization helped shape their future.

Tuesday is 'The Future of Leadership.' Share leadership roles you have held and ones you want to hold in the future. Alumni are invited to reflect on the leadership qualities FCCLA has taught them and how those qualities have impacted their life.

The 'Future of Advisers' is Wednesday, February 10. Members this is your opportunity to say 'Thank You' to your adviser for all they have done for you! Help your adviser celebrate FCS Educator Day right! Alumni can also share with their past chapter adviser to say thanks!

Thursday is 'The Future of Careers,' where we want members to think about and share what careers in FCS

**"Our celebrations may look different this year, but our 75 years of excellence will surely create one big event we can all enjoy!"**

have been explored. Aside from FCS careers, celebrate how lessons learned through FCS courses will help you in your future career. Alumni, tell us how has FCCLA has helped you with your career path.

Finally, Friday is 'The Future of FCCLA.' We want to see your favorite FCCLA memories, events, and experiences! Look back at the great memories and use them for the motivation to continue on with your FCCLA journey. We want to see everyone rockin' your FCCLA Red on Friday!

Our celebrations may look different this year, but our 75 years of excellence will surely create one big event we can all enjoy! Nebraska FCCLA wants to see how you are celebrating this historic week by posting on social media using the hashtags: #nefccla, #FutureisYours, & #FCCLAwk!

Promote! Promote! Promote! Get excited about sharing your FCCLA story with others! We really want our alumni to be a part of this celebration, so I encourage you all to find FCCLA alumni members from your chapters and include them in this celebration!

Nebraska Family, Career, and Community Leaders of America: Reflect on your journey leading up to this point and use those experiences to pave the way toward your future. Let's make this 75th Anniversary celebration one to remember!



# FCCLA WEEK 2021

Observe FCCLA Week with these Nebraska themes! As part of the ongoing celebration of Nebraska FCCLA's 75th Anniversary, we're encouraging alumni engagement during this week, too. For national resources related to FCCLA week, visit <https://fcclainc.org/communications/fccla-week>.

## Monday, February 8th

### **The Future of Members:**

Share your FCCLA story and experiences!

Alumni: Share your FCCLA chapter!

## Tuesday, February 9th

### **The Future of Leadership:**

Share leadership roles you have fulfilled!

Alumni: Reflect on the leadership qualities FCCLA has taught you.

## Wednesday, February 10th

### **The Future of Advisers:**

Share why your advisers chose FCS education!

Alumni: Celebrate the advisers that shaped you into the person you are today.

## Thursday, February 11th

### **The Future of Careers:**

Share careers in FCS that you have explored!

Alumni: Share how FCCLA affected your current career.

## Friday, February 12th

### **The Future of FCCLA:**

Share pictures of your favorite FCCLA times!

Alumni: Share pictures of you in FCCLA Red!



# NEW YEAR'S RESOLUTIONS

With January well on its way, there is one thing on the top of many people's minds: New year's resolutions. After an unpredictable 2020, many people's resolutions for 2021 will be near to their hearts. This is truly the perfect time for one to rethink their goals and aspirations for the year. FCCLA members, advisers, and alumni should utilize the many skills and resources FCCLA provides to allow their New Year's resolutions to make a difference in their families, careers, communities.

It is commonly known that New Year's resolutions can be difficult to maintain. Everyone has heard the stories of packed gyms at the beginning of January, but by March those gyms will be reserved to the dedicated few that stuck with their goals. Whatever the resolution, attempting to continue something for the entire duration of a year is nearly impossible without help.

One tool that FCCLA provides that could be a wonderful resource to help keep resolutions is the FCCLA Planning Process. While this is commonly utilized for STAR Events and other related FCCLA activities, this is a wonderful resource for any topic. The planning process allows one to identify concerns, set a goal, form a plan, act, and follow up on the progress of the goal set. For example, if your New Year's resolution is to spend more time with your family, one concern you may have is the busy and different schedules of your family members. Knowing this, your goal may be to attempt to have breakfast together five days a week. You then can set the days for each week when you form your plan. After this becomes a routine, talk with your family about what they have liked or disliked about this time together.

by Taylor  
Svoboda

*Secretary*

That is just one simple example of an excellent way to go through each step of the planning process in order to make goals or resolutions more manageable. Another part of fulfilling your resolutions, which is scientifically proven, is that writing down your resolutions will increase the probability of the achievement of the goal at hand. Writing things down makes goals go from an intangible, abstract idea to a solid, physical statement about one's intention. Having the goal written down allows you to be held accountable for its completion.

Accountability is key when it comes to sticking to New Year's resolutions. While writing them down is a great starting point, to really become serious about achieving them it is a good idea to share your goals with a trusted friend or family member. This personal accountability can provide good reminders each day. It is always smart to have "backup" on any goal because it is much easier to sweep a resolution under the rug if you are the only one to know about it. When choosing an accountability partner, there are a few traits to look for. Try to find someone responsible and whom you respect. The harder it is for you to let this person down, the most influence they will have on your accountability. Also, inform them not only of your overall resolution, but also of why you want to achieve this and how you plan to do it.

This year, use this information to achieve goals not just based on you, but goals for your chapter. Write down resolutions that will help your family, career, or community and stick to them with your fellow FCCLA members. Continue to strive towards a better year than the last and be dedicated to helping those around you. This year, Nebraska FCCLA is celebrating 75 years of achieving numerous goals. Each member, adviser, and alumni should take pride in these accomplishments and be excited for another year and the chance to achieve even more through FCCLA with their New Year's resolutions!

## Chapter Spotlight

## West Holt



In the month of December, two West Holt FCCLA chapter officers and a member, all took part in making COVID visiting centers for four local nursing homes. Not only did they assist in the construction and painting of the "COVID Corners," but they also made 200 sock snowmen to give to the residents at the nursing homes as a Christmas gift, these were made in the West Holt FCS classes before Christmas break.

Sometimes in our busy lives we can underestimate the importance of family. Our family touches every part of our lives, even in FCCLA. I have friends whose parents or siblings are the ones who encouraged them to compete in STAR or to run for office. I know that during state and national conferences every year, there are many parents in attendance rooting for their kids.

I encourage everyone to take time and get to know your family even better. I know it can be tough, I have a little brother of my own, but investing time in playing a video game with your siblings or helping your parents cook dinner can bring you closer together. Another important part of FCCLA, is helping other families grow stronger together. FCCLA's National Program Families First can be the starting point for a great local project.

To begin, go to <https://fcclainc.org/engage/national-programs> to review the basics about this National Program, including its 5 units: Families Today, You-Me-Us, Meet the Challenge, Balancing Family and Career, Parent Practice. Then you can go to this link: <https://fcclainc.org/compete/star-events> and scroll to the bottom of the page to find the Planning Process template. Ask yourself what your concern is, what problem are you solving? What's your goal to accomplish that? For example, how can parents with jobs, or even teenagers with part-time jobs, make sure they have enough time for their family? Maybe your goal is to reach out to 100 people about this problem.

Now that you have a concern and a goal, you need to create a plan. Maybe you want to hold a family night at your school, or you want to create flyers and brochures to get the information out there. You will need to figure out what steps you need to take to solve your problem. And after that you need to start taking action. If you want a family night, then talk to your principal and figure out what that night will entail. If you are creating a social media account or flyers, then that's what you do.

At the end of the project there are two things to do. First, you need to complete the Follow-Up step of the planning process. Review how you handled things and decide what you could've done differently. Also reflect on how many people you impacted, and how it impacted them. And the last thing to do is apply for Nebraska and National FCCLA awards.

The state-level National Program Application is due on March 1st and you can apply under the National Programs tab on the Nebraska FCCLA website. The national-level National Project Application is also due March 1st, and you can apply through the FCCLA portal. Winners get recognition and cash rewards to fund future chapter endeavors.

## A SIT-DOWN WITH THE SPOT OFFICERS

"Building on the Past, Facing the Future." This year's theme rings very true for the work of the Nebraska State Peer Officer Team! While challenges have been endured, this group of 15 students have pulled together to educate members on topics within their three National Programs this year. We are about a month out from the Peer Education Conference, which is entirely ran by the State Peer Officer Teams (SPOT). In anticipation for the conference, I interviewed two members of the Overall SPOT Council on their journeys this year.

**Why were you interested in joining the State Peer Officer Team?**

*Grace Kuchar: I always knew that I wanted to lead at a higher level in FCCLA. I had many past experiences leading in my chapter, and with some encouragement from older members, I filled out an application!*

*Miranda Batenhorst: I was interested in becoming a SPOT officer because I thought it would be a great way for me to get out of my comfort zone and expand my leadership skills!*

**What team are you from and what is one thing your team has accomplished this year?**

*GK: I am from the Community Leader Team and we are currently focused on overcoming obstacles and making preparations for the virtual Peer Education Conference.*

*MB: I am from the Career Leader Team and we accomplished putting together career-related activities for chapters as well as recording videos about the Career Connections National Program.*

**What has been your favorite part of being a member of the State Peer Officer Team?**

*GK: My favorite part has been the opportunity to encourage others to further their knowledge by spreading information throughout our communities!*

*MB: My favorite part this year has been reaching many members throughout the state and teaching them more about FCCLA and Career Connections. I also love working with my fellow officers!*

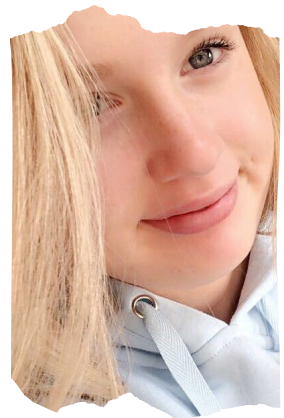
**What advice would you give to future members who will be State Peer Officers?**

*GK: I highly encourage members to run for office, and my biggest advice is to be yourself and give tons of ideas during meetings!*

*MB: One piece of advice I have is to have fun and cherish every moment you get as an officer because it will go by so fast!*



by Alexis  
Richmond  
*President*



Grace Kuchar,  
Bloomfield  
*Overall Council  
Chairperson*



Miranda  
Batenhorst,  
Logan View  
*Overall Council  
Secretary*

# Chapter Spotlight



## Leigh-Clarkson

On Sunday, December 13th the Leigh FCCLA and Community Club partnered to put on the first annual Leigh Festival of Lights. This event allowed community members to drive through and look at the light displays. Business, families, and community members who wanted to participate, set up a freestanding display in the Leigh City Park. This allowed us to put on an event, without Covid-19 being a problem. There were a total of 15 businesses/community members who set up a light display and numerous people coming through and looking at the displays.

The mid-90s were an exciting time for the Genoa FHA/HERO chapter!

On the left is their 1994-95 chapter picture, featuring Adviser Jeanne Czarnick, David Drozd, Tara Hanson, Heather Ziemba, Rihannon Lund, & Elisa Czarnick. Back row: Karie, Engel, Susie Anderson, Jacob Czarnick, Samantha Strain, Gina Homolka, & Jeni Fellers.

On the right, 1994-95 State President David Drozd passes the gavel to 1995-96 State President Jacob Czarnick, both members of the Genoa chapter.

## FLASH FROM THE PAST



# Chapter Spotlight



## Grand Island Senior High

The GISH FCCLA Chapter wanted to spread positive messages throughout the school due to Covid 19 affecting the mental health of the student body. During a meeting, we decided to have the participants of FCCLA make posters with positive quotes to motivate the students for the new semester. Posters had quotes such as; "It will get better" and "Believe in yourself". Our members enjoyed making the posters and we hope our students will take the messages to heart!

# Chapter Spotlight

## Howells-Dodge



The Howells-Dodge FCCLA Chapter has been busy with projects in their school and community. Chapter members picked up paper in our school for recycling each week. A seat belt survey for FACTS was conducted in October with a follow-up survey in November. Chapter members sponsored a Feed Nebraska Food Drive competition at their high school in December that helped fill 37 large boxes of food for families and individuals in need. FCCLA members enjoyed answering 140 letters written to Santa by children in the community. FCCLA members have sent 40 greeting cards to adopted grandparents at holidays.

## DON'T FORGET...

SPOT Capture the Action & Outreach Project applications are due February 1 to Suzanne Martin ([smartin@medvalley.org](mailto:smartin@medvalley.org)). Find the applications at:

<http://www.nebraskafccla.org/programs/peer-education/>.

### 2021 VIRTUAL FCCLA

## Peer Education Conference

### Building on the Past, Facing the Future

FEBRUARY 22, 2021

THE CONFERENCE IS FREE!

Keynote Speaker is Tom Koch

with sessions by the S.A.F.E. Center, MADD  
and the State Peer Officer Team

Award Winners and SPOT finalists will be  
announced

Outreach Project: Collect new or gently used books to distribute to children in your school or community



Nebraska SPOT Teams Peer Education  
Conference Outreach Project

## Our Past, Their Future!

### Book Drive

Collect new or gently used children's books  
for your chapter's local elementary students!



Submit the total  
number of books  
donated and other  
project details here!





# MEMBER OF THE MONTH



## Taylor Schaaf, West Holt FCCLA

Taylor Schaaf spent the month of December building COVID visiting centers for four local nursing homes. She also made 200 sock snowmen for the residents as a Christmas gift. Time was also spent helping younger FCCLA members with their STAR projects during their designated work nights and during the seventh graders' study hall period.

## Chapter Spotlight

## Neligh-Oakdale



Neligh-Oakdale FCCLA Chapter thanked several essential workers in December. The goal was to thank these workers in the form of some goodies which were chips, cookies, and water. The members created a Thank You poster with member signatures thanking them for working during the Covid-19 pandemic. The workers that the chapter chose to celebrate were Neligh-Oakdale School teachers and staff, Thriftway, Cubby's, Casey's, and the Police Station for approximately 160 people.

Nebraska Family, Career, and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences education.



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