

# Nebraska FCCLA Red Leader



## Best Week of the Year

By Katie Patton, President

FCCLA Week is finally here!! Is this the best week of the year? That can definitely be debated. This exciting week will take place February 11-15, 2019. To celebrate our organization and the passion we have as members and advisers, we encourage every chapter to participate in the fun spirit themes that will take place throughout the week! The theme days set for the week are as follows: Monday, February 11: Be Spirited! Tuesday, February 12: Be Confident! Wednesday, February 13: Be Prepared! Thursday, February 14: Be A Friend! Friday, February 15 - Be You in Red!

The State Officer Team will be promoting and executing these days in our own chapters and posting to social media! It would be so fun if you would post with us using the hashtag #nefccla. We will be hosting giveaways throughout the week with FCCLA Swag for those chapters who post on social media about their activities during the week!

Sometimes the hardest part of participating with your chapter is finding ideas of what to do. Following is a list of ideas you can easily implement, but the possibilities are endless! The main point of this special week is to recognize our members and celebrate our organization - whatever way we do it!

### Monday, Be Spirited!:

- ◇ Write a thank you to partners in your community
- ◇ Decorate your room in FCCLA Red
- ◇ Get FCCLA on the morning announcements
- ◇ Post on your school AND chapter social media

### Tuesday, Be Confident!:

- ◇ Have members dress up as the career they want to go to
- ◇ Pass out a little snack to all members
- ◇ Put locker signs onto members' lockers

### Wednesday, Be Prepared!:

- ◇ This day is FCS day! #SayYesToFCS
- ◇ Have students sign a poster who are entering FCS Careers

### Thursday, Be a Friend!:

- ◇ Write thank you notes to your Administration
- ◇ Make a list of things you appreciate about your chapter

### Friday, Be You in Red!:

- ◇ Spirit day for FCCLA!
- ◇ Have everyone in your chapter wear RED!
- ◇ Serve red cookies to potential donors

# FCCLA®

## February 2019

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### Coming Up:

#### February

- 17** District STAR Event entry deadline
- 24** State Degree Program showcase; Kearney, NE
- 25** Peer Education Conference at Holiday Inn; Kearney, NE
- 28** Chapter Spotlight in March Red Leader deadline
- 28** Chapter Developer Award due
- 28** National Anthem tryouts due
- 28** Nebraska Honorary Membership and Distinguished Service Award Applications due

#### March

- 1** SLC Registration due
- 1** Affiliation deadline (paid) for all students attending the State Leadership Conference
- 1** Nebraska Member Chapter Degree due
- 1** A Day in Your Future follow-up forms due
- 1** National Program Award, National Outstanding Media Award and National Chapter Public Relations Award application deadline

**BREAKING  
BARRIERS**  
FCCLA  
NEBRASKA

## Chapter Spotlight: Lincoln South West

### Fun Night Food Drive



Breanna Dove-Castanenda and Aila Hursbrunner worked cooperatively with Family Service after school program at Meadowlane Elementary on October 25 to complete their National Programs in Action STAR event. The SW FCCLA students helped organize games for the fun night and organized a food drive for the students at Meadowlane to donate food to the Lutheran Food Pantry. The students brought in one hundred twenty five pounds of food were collect in total. In addition before the fun night games, the FCCLA members educated the elementary students about trick or treating safety tips. The kids really had a good time and the after school program workers were very appreciative of the efforts.

## Chapter Spotlight: Plainview FCCLA

### Supplies for Bright Horizons

The Plainview FCCLA chapter collected items during FCCLA Week for Bright Horizons in recognition of Teen Dating Violence Awareness Month. A contest between Pre-school – 12<sup>th</sup> grades to see who could collect the most needed supplies. The 5th grade class in the elementary building won the contest for bringing in the most donations and received a tasty treat on FCCLA. In the junior and senior high school, only a few students brought in donations. Therefore, instead of a class celebration, a tasty treat was held for all of those who donated. A total of 50 items was donated between both schools.



## Chapter Spotlight: Chase County FCCLA

### Canned Christmas Baskets

On December 18, 2018, the Chase County FCCLA Chapter with the help of the local FBLA Chapter created Christmas baskets with canned goods to give to the community food pantry. Our chapter gathered canned soups, fruits, and vegetables as well as some russet potatoes to make the baskets. We used thin cut strips of colorful paper to embellish the inside of the large cellophane bags. All the baskets were tied with different colored glitter ribbon in a large bow. We successfully created 10 baskets to give to the local pantry right before the holidays.



# Improving STAR

By: Sabra Schmidt, VP of Competitive Events

We are at the time of year where FCCLA starts to completely take over your time, how exciting! These upcoming months are all about perspective. Your STAR projects have had tons of effort put into them, but it's only the beginning. You may think your project is complete, but here are some tips for taking your project to the next level.

The first thing to look into doing is analyzing your rubric and making sure you've covered as much as you think you possibly can. Look over any comments judges have made or have docked you on and see where improvement could be made. Look for any places that extra points could be added in your project. As much as you may not always like to listen to your peers, they may have ways to keep your project exciting or add in ways to make it more interesting.

Another thing to do is **KEEP PRESENTING!** The best way to improve your presentation performance is to continue to practice your speech and the way you present your project. STAR projects are a great way to share information, don't be afraid to present in front of people outside of your chapter, such as school administration. The more you present the more confident you'll be not only in yourself, but also in your project. Your timing and preparation for what is coming next in your presentation will be highly improved the more you work on it. Confidence in key!

One last **BIG** factor in improving your project is listen to your adviser! They might happen to know a little bit about FCCLA. Use any tips they have to give you and let them listen to you present. They may find things to add or take away the more they listen to your speech or look at your board. Be open to suggestions from them or your peers. Don't forget you can always email one of the State Officers if you have any questions concerning your project!

Now remember to take time while focusing on your project, don't work too much on it that you end up not being as excited for its progress anymore. Find new ways to spice up your project that keeps you and your viewers intrigued! Improvement is always positive so keep up the hard work!

## Chapter Spotlight: Milford FCCLA One Book at a Time

Milford FCCLA partnered with their FBLA Chapter and Student Council to raise enough money to buy 437 books, one for every elementary student in their school, to be given to students at Christmas. We decided to buy the book, *The Invisible Boy* because it focuses on being nice. The Milford Elementary Principle has also used it with elementary students before as well. They raised money by selling shirts, scrunchies, and raising money through social media.





## Chapter Spotlight: Cozad FCCLA Pancake Feed!



The second annual Cozad FCCLA Pancake Feed held on January 17, 2019 was a crowd favorite! Not only that but a huge fundraising success for the chapter. With free will donation, the Cozad FCCLA Chapter was able to collect \$250 and donate take the check to the local food pantry. The money donated will be able to buy food to support families across our community. Pancakes were served with complimentary butter and syrup, as well as sausage links and orange juice. The chapter was lucky to not only have the town of Cozad and food pantry for support but also our visiting school showing their support for the greater good. Next year, they plan to set their goal higher and continue to give back to their special community.



## National Program Highlight: Community Service

By Hailey Bixler, Vice-President of Programs

Community Service is a national program focused on making the world a better place through volunteer work. Completing a Community Service project can improve your school or community and teach hard work and dedication. This program has three units:

**Learn** how to use morals and decision-making skills to address a need in the community. Some project ideas include rediscovering the value of family with the [Do Dinner](#) project or developing a work ethic by picking up litter and trash in the local parks or streets.

**Lead** peers in an effort to make a positive impact on the community. Some project ideas include collecting items for the SPOT outreach project or partnering with [Access from AT&T](#) to provide Internet access to low-income families.

**Serve** the community through partnerships, volunteerism, and advocacy. Some project ideas include helping the hungry with a [Feed Nebraska](#) project or volunteering at a local nursing home.

Chapters interested in a community service project should also check out Nebraska's new [Community Service Traveling Trophy](#). This trophy will be given at State Leadership Conference to the chapter that collects the most personal care items. This year, donations will go to the Friendship Home.

As always, the national winners at the high school and middle school levels will receive cash prizes for their Community Service project. Competitors and winners on the state level will also be recognized. For more information on Community Service and some of its partners, visit <http://fcclainc.org/programs/community-service.php>.

## My FCS Valentine

By Yasmine Bender, VP of Development

Christmas has come and gone, so now it's time for yet another holiday season! Happy Valentine's Day Nebraska FCCLA! In the spirit of Valentine's Day, I would like to let you know some fun and amazing ways to incorporate FCS and FCCLA into your Valentine's Day festivities.



First, if you are one with a significant other and you are wanting to be financially fit this year, think about making a gift homemade and from the heart! I think we are all aware that food is the quickest way to anyone's heart. So instead of going out for a Valentine's Day dinner, you and your partner can come together to make a fantastic homemade meal. If you are not quite confident enough to handle a full meal, try to tackle some Valentine's Day sweets! Making cupcakes, cookies, or candy are some easy things that will help show your special someone just how much you care about them!

Another way to incorporate FCS skills into your Valentine's Day, is to hand make a gift. Instead of buying cards at the store, you can make them from construction paper and some stickers. Or maybe you were wanting to buy someone roses, you can also easily make roses too. Simply take some tissue paper and pipe cleaners and form them to make a flower bouquet. You can then put these tissue flowers into a mason jar that you decorate to match the bouquet. These are great for any valentine's in your life. A different way to incorporate FCS, and another heart felt idea, is to sew your special someone a gift. This could be anything from a blanket/ quilt, to a body pillow, to a throw pillow. If sewing isn't your cup of tea, try a tie blanket or pillow. These are both super easy to accomplish and still show that you care about someone.

Valentine's day does not have to cost you a whole lot either, contrary to popular belief and trends. Many often go the route of buying jewelry for their loved ones. Did you know that you can hand make jewelry and have it look just as beautiful as that Alex and Ani bracelet you don't want to spend \$40 on. Check out your local craft stores, Hobby Lobby, Michaels, or Jo-Ann for booklets and tutorials on how to make your loved one a unique jewelry set from the heart.

There are so many ways to incorporate FCS into your Valentine's Day gifts. Making your own gifts is often fun, adventurous, and worth your time. Something about a homemade gift always shows a little bit more love than a fancy dinner and a dozen red roses. However, if you still desire to take this route, go right ahead, just bring along some homemade cookies to seal the deal.



## Save the Date!

Nebraska State Leadership Conference

April 7th—9th, 2019

We cannot wait to see you **rocking the red** in  
Lincoln!!

## Nebraska FCCLA

Nebraska Family, Career and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development and career preparation opportunities for students in Family and Consumer Sciences education.

### Announcing Auditions for the SLC National Anthem

The Nebraska State Leadership Conference needs a National Anthem Singer for the Opening Session on Sunday April 7<sup>th</sup>. Applications must be in February 28<sup>th</sup> and the chosen singer will be informed by March 15<sup>th</sup>.

Applications must include:

- ❖ Audio Recording of all of the National Anthem sung acapella
- ❖ Include your name and chapter name at the start of the recording
- ❖ Email from personal email and include your name and chapter name in the email and have National Anthem Audition as subject
- ❖ Email to [nebraskafccla@gmail.com](mailto:nebraskafccla@gmail.com)



## Nebraska FCCLA

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