Nebraska FCCLA Red Leader



What can you do with FCCLA over winter break?

By Irelynd Pearson, Vice President of Public Relations

Hey Nebraska FCCLA! It's Irelynd Pearson, your Vice President of Public Relations here! It's that time of year once again, the Holiday season! The holiday season is a time for reflection and gratefulness, but for some people it's a time to get stuff done! If you are busy all the time during school like a lot of FCCLA members are, Holiday break is a great time to get caught up or to work on something. Not only could you work on something for school, work on

some scholarships if you are a senior, or even work on something for another organization, but you can always do something for FCCLA! There are a few things you can do with FCCLA during the holiday season.

First and foremost, you could always work on a STAR project. If you are tackling a STAR project this year, holiday break is a great time to meet with partners and go over your speech. You could also finish your boards or portfolios. Gluing everything onto a board takes a lot of time and effort, so why not do it during your holiday break! You could make it a whole day and celebrate the holidays with your partners as well by watching Christmas movies, baking cookies, etc.

Second, if you are planning on applying for the State Officer Team, you can work on your application! The State Officer Team applications are due January 15th. If you don't already have it done, the holiday break would be a perfect time to get this done because it is due quickly after the break is over. You could also start studying your FCCLA facts for the test on the State Officer Screening Day which is on February 12th.

Finally, you could enter for State or National Awards. FCCLA offers lots of awards that you as a member or chapter can enter on the State or National Level. For example, members can enter for our new Member Recruitment Award, the 3 Musketeers Award. If you recruited 3 people to join FCCLA, you are eligible for this award! These awards are all due after the 1st of the year, but the due dates come up fast. There is no problem with starting early!

FCCLA members, I hope you not only enjoy your break, but take advantage of the time you have during it! If you ever have a day during your break where you have nothing to do, keep FCCLA in mind! There is clearly lots of things you can work on over the holiday season. Before you do any of that though, enjoy your time off and spend it with family. Reflect on all the good and bad things that have happened this year and what you can do better next year. Have a Happy Holidays Nebraska FCCLA and have a Happy New Year!

FCCLA

December 2019

Inside this issue

FACTS2
Getting Members Involved3
Maxwell FCCLA3
Boyd County FCCLA4
Nov. Member of the Month 4
Day in Your Future
Take the Challenge 5

Coming Up:

December

31 Chapter Spotlight in January Red Leader deadline Member of the Month Ap-

plications Due

January

1 Affiliation deadline for students competing in District STAR events

Deadline for initial review of State Degree Portfolios

- **10** Nebraska FCCLA State Degree Portfolio Due
- **15** National STAR Events Volunteer Award application deadline

State Officer Candidate applications due

National Officer Candidate applications due





Families Acting for Community Traffic Safety

By Jaiden Johnson, Vice President of Programs

Happy Holidays Nebraska FCCLA! Oh how there is no place like home for the holidays. There is also tons of traveling during the Holiday Season. And while many are dreaming of a white Christmas, especially in Nebraska this Winter Wonderland many not be filled with so much wonder. So while it is beginning to look a lot like Christmas out there, the roads may not be so joyful. This makes December the perfect time for your chapter to focus on FACTS- Families Acting For Community Traffic Safety. FACTS is a National Program that focuses on safe driving. FACTS has three units. The unit People focuses on promoting your role as a driver or passenger and keep yourself and others safe. Vehicles is to understand vehicle safety and the roles it plays in the world around us. Roads help to understand and promote your role on the road and the safety hazards you may see and how to react to them. As always this National Programs has awards. National FCCLA recognizes chapters that submit complete FACTS projects. You can earn cash awards and special recognition at NLC. You can earn up to 1,000 dollars for your chapter. Awards must be turned in by March 1st for State Level Recognition and by March 2nd for National Recognition. Oh It's lovely weather for a sleigh ride together, but this holiday season use the FACTS National Program to educate safe driving, sleigh or vehicle. From your Nebraska FCCLA Family, we wish you a Merry Christmas and a Happy New Year!



How to Get Members Involved

By Alyssa Bell Vice President of Membership

Calling all members! Calling all members! This time of year is a great time for chapters to get together and look back at the amazing times the past year has brought. Whether it's that STAR project you are working on, the medal you received at State, or the community service projects you did all year. If you would like to create more of those unforgettable memories here are some ideas chapters can think about in this next coming year.



Chapters can make the beginning of the year get together. They can combine with other CTSO's from their school and have a meeting full of food and games. Having collective meetings like this shows other organizations what FCCLA is all about and what we stand for. Another way to get members involved is organizing community service projects. This could be anything from a trash pickup to selling hot chocolate to raise money for your local shelter. After completing a project like this with your chapter you can apply for the brand new Community ServUS award. Community service projects not only get members involved, but it also gives back to your community. Along with the Community ServUS award, Nebraska FCCLA has awards that focus on growing your chapter, social media awards, and awards that spread the knowledge of FCCLA to others. These incentives are a great way to get chapters working together, and can potentially receive awards at the State Leadership Conference or even at the National Leadership Conference.

Since the holidays are upon us it is important that we are grateful for our friends and family. Nebraska FCCLA is thankful to all of its amazing and dedicated members. Let's keep growing and bettering Nebraska FCCLA this upcoming year by starting off the 2020 year with a bang. Grab a friend and get involved in your chapter, and make your chapter the best it can be. We can't wait to see what Nebraska FCCLA does to Fuel Y**OUR** Passion.

Chapter Spotlight: Maxwell FCCLA The Fight Against Vaping

Vaping is a growing problem in our schools. Jett Simpson, a Sophomore and Peer Officer, in the Maxwell, Nebraska chapter, presented a project on Vaping and ecigarettes during their parent-teacher conferences. He informed the attending parents and students of the harmful effects of using vaping products and how to pre-



vent your child from continuing. During this time, Jett showed a video about the different vaping usage devices. His display used actual vaping products that had been seized in the school, giving parents real-life examples of what these devices look like. Vaping-prevention handouts, an online FCCLA link to learn about these products, as well as helplines for those who need to stop, were handed out. If you or you know of someone who needs help with stopping, please contact the Nebraska Tobacco Quitline at 1-800-Quit-Now.

Chapter Spotlight: Boyd County FCCLA Hosting Fun Night

On November 5th the Boyd County FCCLA Chapter sponsored Fun Night as a way to recruit and retain chapter members. Forty students in grades 5-12 attended. To begin the evening the officer team organized games and team building activities. Everyone then enjoyed sloppy joes for supper and after that the real fun started! The officers hid clues for our final activity of the night, Who-Dun-It. The officers hid in a secret hiding place while the groups had 45 minutes to find clues to help lead them to the team and determine who took them. We wrapped up Fun Night with prizes, and are hopeful that our efforts will be effective in future chapter member growth!





November Member of the Month

Brayden Rinkol

"So far this year we have logged 26 hours of concessions. Brayden has contributed to every one of those hours, staying late to clean, hauling heavy loads, and picking up shifts for others. He is a new member this year and has dove straight into being an active member of our chapter. He is completing a STAR Project as well and is focusing on improving communication in families where he is focusing on teaching others the SO QUIC model in order for families to implement proper conflict resolution in their families. He has also participated in Creed Speaking at our District competition."

Submitted by Britton Andreasen

Congrats Brayden!

Day in Your Future Review

By Karlee McBride, FACS Education

I started my day with a beautiful morning drive to O'Neill, Nebraska. When I arrived I wasn't completely sure what the day would have in store for me. Mrs. Mann introduced me to her class and then she began teaching. It was interesting to see all the different areas that are involved with Family and Consumer Sciences. After a few classes, I got to ask Mrs. Mann some questions during her lunch and planning period about how she became interested in Family and Consumer Sciences and where she went to college for her degree. I learned so much that I didn't know before while participating in this job shadow experience. I am thankful that I had the opportunity to take part in A Day in Your Future Program and it was very beneficial to help me figure out what I might want to do after high school. Thank You Nebraska FCCLA and Mrs. Mann for giving me this amazing opportunity that I will hold greatly in my heart for many years to come.





Take the Challenge: Keep Recruiting

By Sydney Erickson, President

"All I want for Christmas is YOU"... to join FCCLA! Yes Nebraska FCCLA, please feel free to use this line when you recruit members this holiday season! That being said, it is never too late to recruit members throughout this year. There are so many fun ways to recruit members during the holidays! Such as hosting a member recruitment Christmas party, gifting a membership or even holding a gingerbread house decorating competition. In fact, our new membership campaign, Your Three Musketeers, is the perfect opportunity for you to be recognized for all of your recruitment efforts. The award works like this. You recruit three members for your chapter and in return, those three new mem-

bers become your musketeers. You can apply for this award on the Nebraska FCCLA website under Awards and then Individual Awards. Applicants for this award will receive recognition on stage during State Leadership Conference! So, Nebraska FCCLA as Christmas lights begin to light up your neighborhood and holiday cookies fill the counters of your FCS room, keep in mind the students in your school who would be a perfect addition to your chapter!

Additionally, chapters may also apply for the 7-Up Membership Award! Chapters who have recruited seven or more members for their chapter will be awarded with a bottle (or bottles) of 7-Up on stage during SLC. Take the challenge and see how many bottles of 7-Up you'll be driving home with after SLC!

One goal that we have this year is to reach 3,000 members statewide! Each and everyone of you make up a vital role in Nebraska FCCLA and have the power to help us reach 3,000 members. So I challenge each of you to find your three musketeers. I challenge each chapter to host a membership event and create some excitement about FCCLA!

It is not too late this year to get new members heading your way. Let new recruits know all the fun things your chapter is doing and all the opportunities available to them. FCCLA can change your life if you choose to join and get involved!

Nebraska FCCLA

Nebraska Family, Career and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development and career preparation opportunities for students in Family and Consumer Sciences education.



Nebraska FCCLA

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