

Nebraska FCCLA Red Leader

FCCLA®

Wait It's Already October?

By Sabra Schmidt,

State VP of Competitive Events



Press rewind to about two months ago when you were walking back into your school after a busy summer. Dreading how long it'll take to get through the next six months till summer begins again. Now fast forward to the present. Two months down seven to go. Time has already passed by and it's getting

about that time! Time to start thinking about STAR! Now I know thinking about STAR for some may not be too exciting, but it all depends on how you look at it. STAR has many beneficial factors including public speaking, collaboration with other students, teaching others about your organization and how to accomplish a project. Projects help you connect and work with your community like participating in Chapter Service. Focus on Children is a great event if you enjoy working with and teaching children. If there is a career you are interested in or would like to learn more about, Career Investigation is an awesome option! If you are someone who is amazing at interviews then Job Interview would be for you. Technology is not for everyone but if it's a passion for you, creating a chapter website or making a Digital Stories for Change video would be something to checkout. Fashion Design is perfect for those who are creative or have an interest in fashion! Parliamentary Procedure are for those who are all about steps and orders, find a team and succeed! The possibilities are endless if you apply yourself. Start planning out how you are going to complete your project by using the FCCLA Planning Process. Keep in contact with your adviser and ask them any questions you may have. If there is someone in your chapter or a person you know who has done a project in the past, ask them what they learned and what they would have done differently. Time is ticking, so don't wait until the last minute to decide on your project! You can't press pause so get started now, because before you know it you'll be fast forwarded to District STAR ready to compete! Press play and start creating your success!

October 2018

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Coming Up:

October

- 31 Chapter Spotlight in November Red Leader deadline

November

- 1 Early Affiliation Deadline
- 9-11 National Cluster Meeting in Louisville, KY
- 16-18 National Cluster Meeting in Phoenix, AZ
- 19 Nebraska CSTO Commissioner's Recognition

**BREAKING
BARRIERS**
FCCLA
NEBRASKA

Chapter Spotlight: Milford FCCLA

“BUG” Night

The Milford Chapter sent six members to volunteer at the Milford Elementary School “BUG” night! Milford FCCLA members volunteered at stations and helped setup and clean up. A thank you email from the Milford Elementary principal read: “It was a great night. There were over 150 people in attendance. The PTO provided a free meal for families, we worked with the UNL Entomology Department to get the materials for the bug centers. It would not have gone off as well as it did, had we not had help from FCCLA- thank you!” This year, Milford FCCLA wants to “be everywhere”, and that includes helping out where needed - FCCLA related or not.



Chapter Spotlight: Wakefield FCCLA

Coin War to CARE

The Wakefield FCCLA Chapter challenged the Elementary and High School students during Homecoming week to our annual Coin War to CARE. All proceeds this year were donated to the Nebraska Methodist Hospital Foundation. The foundation helps provide support for families that have children staying at the hospital for an extended period of time. This year’s coin war was extra special as a staff member currently has a child in the NICU.

Wakefield Community Schools raised \$1321.55, increasing our donation by over \$500.



Can You YOGOWIPI?

By: Madeline Wittstruck, First Vice-President

I hope your school year is off to a great start! Along with a new school year comes a new FCCLA year with multiple opportunities to expand your family, career, and community leadership!

This year our State Officer Team participated in the State Officer Leadership Academy (SOLA) with the other Career Technical Student Organization's (CTSO) State Officers! We had the opportunity to participate in a training with Bill Cordes, who taught us multiple ways to engage members at different events with various activities and strategies to help each member become a better leader in our organizations.

There were many highlights throughout our training! When the SOT first walked into the session, we were a bit nervous about what Bill had to offer, but right off the bat he amazed us as we fed off his extremely positive energy! Energy was one of Bill's strategies. He told each team that we need to bring energy to our presentations without pushing it over the top. You could possibly present your topic many times, but remember to attack each opportunity with a new energy every time. An acronym he used to demonstrate his message was YOGOWYPI - You Only Get Out What You Put In! We had to keep this in mind during every activity, and he asked us to give it 110%.

One of our team's big takeaways from this experience was the friendships that we made through spending time together and participating with the other organizations. We hope these activities will introduce more networking with other FCCLA members too! I hope you can "Break Barriers" this year in your chapter, by being a better leader and face of Nebraska FCCLA!

District Leadership Conference Season

By: Katie Patton, State President

District Leadership Conference (DLC) season is upon us and Nebraska's twelve districts are each meeting to connect with members to grow their leadership abilities. One of the exciting opportunities state officers receive is to attend DLCs other than their own. On October 3rd, I had the chance to attend the DLC for District 4. Susan Biba, District Adviser, did a wonderful job planning the meeting for over 300 attending students. A special touch District 4 adds to their DLC is wearing matching t-shirts, with each chapter having a different color. The District officers wear tie-dye to represent the unification of the District. What a very creative idea! District 4's keynote speaker was a representative from Jana's Campaign. She delivered an extremely powerful message about signs of unhealthy relationships.

The group then broke off into mini sessions taught by the District Officers, myself, STAR event competitors, and more! Overall, this was a successful conference for everyone in District 4 FCCLA. Throughout the next month, be on the look out for the state officers visiting your DLC and be sure to say hi!

We look forward to seeing you soon!



Chapter Spotlight: Franklin FCCLA FCCLA Serves

On August 28th, 26 FCCLA members took set out on highway 136 to complete our first service project of the 2018-2019 school year.

Members walked a total of 2 miles cleaning up trash along both sides of the highway and ending up with around 10 bags full of garbage gathered from the side of the road. Keeping the community clean for all to enjoy and for the future generations is important to the organization. Junior member, Ava Goosic states, "I think it's a great service project and our chapter did really well." Following the service project, the group met back in the FCS room for a dinner meeting.



Franklin FCCLA Adopts a Highway!



National Program Highlight: By Hailey Bixler, Vice-President of Programs

Career Connection is a program based on future skills and career preparation. Completing a Career Connection project can teach you to recognize your strengths, practice your career skills and prepare for your future. There are four units to this program:

My Skills focuses on finding a career that matches up with a particular set of skills and interests. Some project ideas include using the [Nebraska Career Connections](#) website or celebrating everyone's unique abilities with a talent show/display night.

My Life focuses on maintaining a healthy work-life balance. Some project ideas include creating daily schedules to plan for both work and family time or hosting a family community service night where students bring their families to work with them.

My Career focuses on developing skills and resources to find and secure a job. Some project ideas include holding practice interviews at your school or hosting a [How to Dress for Success](#) seminar.

My Path focuses on setting practical goals to achieve career success. Some project ideas include researching the requirements to obtain a certain job/degree or hosting a Career Day at your school for various professionals to talk to students about their jobs and how they acquired them.

As always, there are monetary awards that your school can earn for completing a Career Connection project available at high school and middle school levels. Competing in this program can also give your school recognition in the Teen Times and at the National Leadership Conference. To find out more about the Career Connection program and some of its partners, visit <http://fcclainc.org/programs/career-connection.php>.



Advocating On the Hill

By Madeline Wittstruck, 1st Vice-President

Earlier this month, from October 8th-10th, Katie Patton and I had the wonderful opportunity of traveling to Washington D.C. for Capitol Leadership. At Capitol Leadership, we had the opportunity to advocate for FCS and FCCLA. This means that Katie and I were able to share with Nebraska's Senators and House of Representatives about FCCLA and FCS, and what we do to prepare our members for their future endeavors.

While meeting with our elected leaders, we provided information about our career pathways through FCCLA. The four pathways are Human Services, Hospitality and Tourism, Education and Training, and Visual Arts and Design. We informed them on how they also assisted us with Perkins V, which provides more funding than ever before! Katie and I were excited to share all of this information with them on behalf of FCCLA.

After this experience, I have personally learned a lot about advocacy, especially for FCCLA. I encourage you to go out and advocate on the local level as well, and share how our organization has helped you and other members prepare for their future with the skills FCCLA prepares us for life!



Chapter Spotlight: Chambers FCCLA

Making an Impact

Chambers FCCLA is in a town where the entire junior high and high school population is roughly 50 students with 36 students belonging to our FCCLA chapter.

During the school year we stay busy by participating in various community service projects and fundraisers such as Coyote Chums and Secret Valentine's. For Coyote Chums, a member selects a student in grades Kindergarten to 2nd grade to spend time with on a Saturday to make goodies, play games and do crafts. Secret Valentines is when a member selects a teacher and surprises them every day the week of Valentines Day. The teacher is given clues to see if they can solve the mystery of what student has their name.



Our chapter has also brought organizations to our school like Jana's Campaign and the Todd Becker Foundation to speak to us about their causes. We might be in a small town, but together we strive to make a big impact in our community.

Nebraska FCCLA

Nebraska Family, Career and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school and community and help members improve themselves and the world in which they live.

FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership development and career preparation opportunities for students in Family and Consumer Sciences education.

National Program Highlight: By Hailey Bixler, Vice-President of Programs

Financial Fitness is national program focusing on wise money management. Completing a Financial Fitness project can prepare you for the adult world and help you achieve financial security. The program has four units:

Earning money involves acquiring money through income or other means. Some project ideas include organizing a school fundraiser or applying for a job.

Spending money involves keeping track of where and how you use your money. Some project ideas include creating a personal budget plan or keeping a written account of expenditures.

Saving money involves setting aside your money into banks or other investments. Some project ideas include opening and regularly depositing money in a savings account or participating in a virtual stock market simulator with your peers.

Protecting money involves securing your money and keeping your finances safe. Some project ideas include educating your peers on financial safety or making an emergency financial plan with your family.

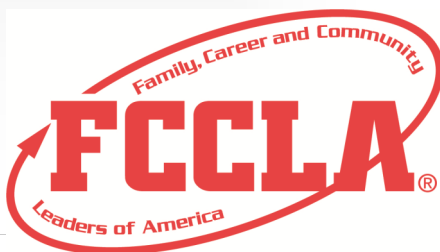


Any student interested in the Financial Fitness program could also check out FCCLA's [Knowledge Matters Simulation](http://fcclainc.org/programs/financial-fitness.php), where teams can compete by participating in an online simulation that tests personal finance skills. Awards are given out to the high school, middle school and runner-up award winners for the Financial Fitness program. To find out more about Financial Fitness and some of its partners, visit <http://fcclainc.org/programs/financial-fitness.php>.

Nebraska FCCLA

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