



FCCLA
Adviser Academy
Recap

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Agenda

- Overview of Adviser Academy
- Top 3 Lessons Learned
- Conclusion
- Questions

Overview of Adviser Academy



General Overview of Adviser Academy

1. Apply at get accepted by the beginning of May.
2. Attendance at National Leadership Conference
 - Attend four meetings related to the tracks
 - Attend additional Adviser Professional Development Sessions
 - Attend different Recognition Sessions
3. Complete assignments related to the five tracks over the course of the school year
4. Graduates are recognized with a certificate of completion at the Adviser Recognition Session at the National Leadership Conference following the completion of all five tracks and submission of all assignments

General Overview of Adviser Academy

5 Tracks (twenty-five assignments)

1. Developing a Chapter Vision
 2. Using Legislation to Change the Classroom
 3. Leading at School
 4. Remaining Relevant as a Chapter
 5. Participating at the State Level
- Assignments are completed throughout the school year.
 - Final assignments for each track is a journal, detailing expectations & documenting progress.
 - Several are activities that you would do automatically with an active chapter
 - Others are activities to encourage you to go more indepthly into FCCLA and involve your chapter outside of the school at the community/state level

Top 3 Lessons I Learned



Lesson One:

You CAN'T do it all...

seriously DON'T try!

Lesson One: You CAN'T do it all...seriously DON'T try!

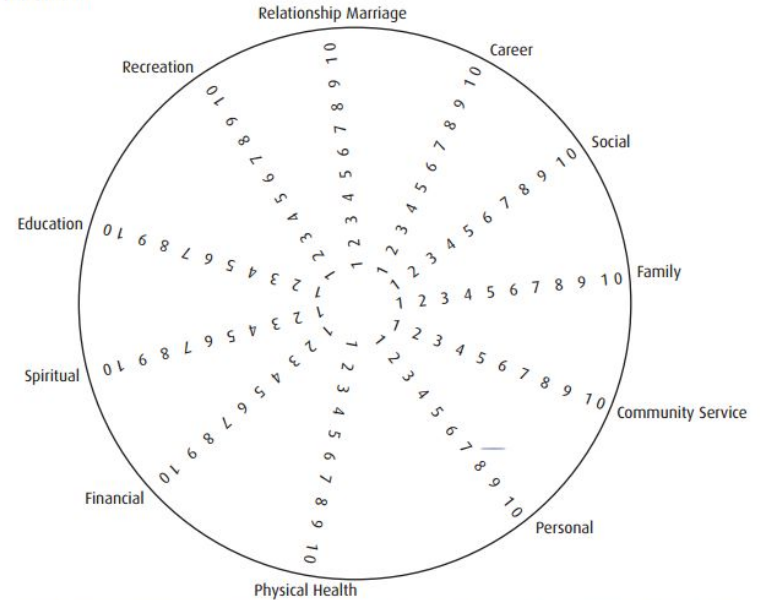
This revelation came to me at several times during my participation in the Academy beginning with our first assignment a personal plan for Work-Life Balance.

http://sydney.edu.au/whs/docs/injury_man/Workife_Balance_PPC_Fact_Sheet.pdf



Step 1 - How balanced is your life?

Here is a simple tool, which you can use to assess your current level of balance. You will probably want to draw your own wheel and put your own labels on the spokes. If you would like to improve your life balance, start by doing the balance wheel exercise and then set yourself some goals to reduce the level of dissatisfaction.



Lesson One: You CAN'T do it all...seriously DON'T try!

After you have HONESTLY taken the time to complete a work life balance assessment or write a personal plan.

- Implement it
- Set some boundaries
- Make sure those involved know the boundaries
- FORGIVE YOURSELF when it doesn't work

“Do your best today, some days your best will be better than others and that's okay!”



Lesson One: You CAN'T do it all...seriously DON'T try!

FCCLA has a lot to offer don't try to conquer it all in the first or even your fifth year.

Advice from other advisers:

- “Start small - get a group of kids excited about an activity and build from there.”
- “Find joy in small accomplishments, time spent with your students is never wasted.”
- “Don't try to do everything at once, it would be overwhelming.”
- “Don't take on too much, start small and add a little more and more every year.”
- “Choose a few things to focus on. You cannot possibly do it all especially when you are new.”
- “Don't worry about all the things you see others doing, focus on what you can do and do it well.”

Lesson Two:

It's out there...

Look but also ASK!

Lesson Two: It's out there...Look but also ASK!

When you are starting out there are lots of things that you need, don't get bogged down by trying to create it all. Take what exists and make it fit your organization/classroom.

The National FCCLA website:

- New Chapter Checklist
- Membership Calendar
- Why FCCLA
- FCCLA Planning Process
- Lesson Plans & Activities



Lesson Two: It's out there...Look but also ASK!

The Nebraska FCCLA website

Red Handbook - In here you will find due dates, information about chapter awards, and contact information for advisers and student leaders across the state.

Chapter Resources

- [Nebraska FCCLA Flow Chart](#)
- [2016-2017 Nebraska STAR Events Handbook](#)
- [CTSO Medical and Code of Conduct Forms](#)
- [2016-2017 FCCLA Store Items](#)
- [What is FCCLA PowerPoint](#)
- [STAR Events Promotional Flyer](#)
- [STAR Events Informational PowerPoint](#)

Nebraska Management Resources

- [Nebraska FCCLA State Bylaws](#)
- [Nebraska FCCLA State Operational Procedures](#)
- [Strategic Plan 2020](#)
- [FCCLA Conferences and Nebraska Career Readiness Standards Crosswalk](#)
- [STAR Events and Nebraska Career Readiness Standards Crosswalk](#)
- [National Programs and Nebraska Career Readiness Standards Crosswalk](#)

FCCLA Listserve - The emails that come across are important **READ THEM!**

Lesson Two: It's out there...Look but also ASK!

Advice from other Advisers:

- “READ your EMAILS!”
- “Jump in with both feet, ask questions, study stuff over.”
- “Ask for help and advice from advisers.”
- “FCCLA has sooo many aspects. Don't' be afraid to ask other advisers for advice or help. If you can't find something on a website, ask where it is located.”

Lesson Three:

It takes a Village...

& strong officers

Lesson Three: It takes a village & strong officers

This lesson ties back to the first lesson, even when you aren't attempting to do it all, you can't and shouldn't do it on your own!

FCCLA is a Career & Technical STUDENT Organization. Student is the key word, they need to be active participant in everything.

- Program of Work
- Budget
- FCCLA Week Plan/Activities
- Fundraising



*You Don't
Have To Do
It Alone!*

Lesson Three: It takes a village & strong officers

This lesson ties back to the first lesson, even when you aren't attempting to do it all, you can't and shouldn't do it on your own

- Strong officers
- FCCLA Adviser support (District, Building, State)
- Administration
- Advisory Board
- Student's Parent/Guardians
- Spouse/Significant Other, Children, Parents, In-laws

Lesson Three: It takes a village & strong officers

Advice from other Advisers:

- “Sometimes you have to work to give up control. Let the kids or others do it.”
- “Build a network within your school and community so you have adult support when it comes to projects, fundraisers, judges, sponsors, etc.”
- “Get to know other advisers across the state, they are invaluable resources!”
- “I try to guide the kids but it is still up to them. I always say this is your organization so if you want it to happen then do it...officers set a personal and chapter goal...keep that in mind.”

Conclusion

The assignments from the Academy are relevant and important.

The three that I would recommend everyone do:

- Write a plan for work/life balance
- Interview other FCCLA advisers
- Complete a Program of Work & Budget for your chapter every year

Most important are the relationships you make with your fellow advisers and students!

Special Thanks

Find your support system, utilize them, thank them, and give back to them and others

The following women have been my constant support, sounding board, cheering squad, idea rationalizers, and so many other things!

Kristin Vest
Allison Kreifels
Carmen Warner

We have many Advisers in Nebraska, these women provided me with resources, completed an interview and showed me that I was wasn't alone in the challenges I face as a new adviser!

Mary Lou Vossler	Lisa Groth
Michelle Galles	Cathy Kloch
Angie Ehlers	Ronita Jacobsen
Suzanne Neefe	Suzanne Martin

Questions?