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Contributed by: Lukas Doyle, Nebraska FCCLA State Vice President of Membership

Membership Details and Reminders

Who can be a member in FCCLA?

If you're a student, grades 6-12 who has or currently enrolled in a Family and Consumer Sciences (FACS) class, you are eligible to be an FCCLA member. All members must be affiliated through their chapter adviser. So in order to join, the first thing you have to do is find your local FCCLA chapter adviser, pay dues, and they will affiliate you through the online affiliation system as an official FCCLA member. Once affiliated, you can attend conferences sponsored by your District, State, and National Associations. These are great events that you won't want to miss. Also, you'll be able to compete in FCCLA's large variety of Competitive Events as well as attend any chapter meetings and activities.

What's the benefit of joining FCCLA?

There is so many incredible benefits behind being in FCCLA. You are not only improving yourself as a student, community member, and a leader, but you are also helping better your own school and community. You receive opportunities to serve your very own school and community through service learning, community service, and FCCLA National Programs.

You also receive the chance to participate in intensive leadership development training that will be useful to in the rest of your life. Do you want to be a leader of leaders? If so, there are opportunities to serve in a leadership role in the different levels of the FCCLA organization. These levels include your chapter, District, State and National Associations.

You'll also receive a subscription to *Teen Times* our national member magazine which is published in print and electronically so you can always see it on-the-go. As a member, you are also eligible for many scholarship opportunities on both the state and national level and eligible for nomination for the CTE Presidential Scholars Program.

And last but not least, the skills you gain in FCCLA will set you apart. Members learn and improve upon skills in creativity, self-confidence, public speaking, leadership, and responsibility. Those five alone are enough to persuade most students.

Already a member?

Time to recruit more! The 2016-2017 Nebraska Membership Campaign is called BFF. First off, what does that mean? Well, BFF

stands for Best FCCLA Friend. Almost all members join because they were told to or they joined because a friend did. So why not do the same thing, and get recognized for it?

The BFF Membership Campaign works like this - first, you find a friend who is new to the organization and you invite them to be a member. Then, they are your BFF, it gives you someone you can share the amazing FCCLA journey with. The BFF is kind of like a mentee and you're their mentor and together you can work through everything FCCLA has to offer. You can help get them connected to different leadership development opportunities, National Programs, or Competitive Events. FCCLA is a blast and when you have someone to share it with, it's even better. All you have to do is submit your BFF (Best FCCLA Friend) information online on the state website. All members who submit this form will be recognized at the State Leadership Conference in April, and will be entered for the chance to win a prize pack!

Make the most of your time in FCCLA and have fun!

Program Highlight: Power of One

"Power of One helps students find and use their personal power. Members set goals and work to achieve them." –National FCCLA

Power of One is national program that focuses on self-development. It has the following 5 units that focus on improvement of a different area of your life:

- **A Better You:** focuses on developing your own personal traits. You determine where you need to improve and set a goal to improve that action. So whether you need better study habits, want to learn a new skills, or need to break out of your shell a bit, this is the unit for you!
- **Family Ties:** focuses on improving your relationship with your family. This is a great unit because as students we are very busy and can sometimes forget about our families. Taking the time to improve your family relationships by having dinner with them or having a family game night will open the door for you to talk about your life with them as well as hear about their lives. A stronger connection with your parents and siblings will ease tensions that you may have and can bring you even closer.
- **Working on Working:** is all about preparing for careers and looking for jobs. Many students are asked about what they would like to be when they grow up and not everyone has an answer. Working on Working provides the opportunity to explore career options and learn about what you would like to do. This unit also sharpens your skills so that you can apply for jobs while in school.
- **Take the Lead:** is specifically for developing your leadership qualities. When you take the lead in a project, you learn about what it is really like to be a leader. You learn time management, organization, and cooperation. Take the Lead is an important unit because leadership is a skill that you will need for the rest of your life, no matter what you do.
- **Speak Out for FCCLA:** teaches you how to promote FCCLA and tell others about the positive experiences from being in the organization. Telling others about the awesome things that FCCLA has to offer will get them excited about FCCLA as well as provide them with a greater understanding of what you are a part of.



Each of these units helps students accomplish goals in several different areas in their life from family to careers to leadership roles. Using these units and the planning process almost any goal can be achieved!

After completing these five units, students can be recognized nationally on the National Website as well as at National Leadership Conference. Nebraska also recognizes those who have completed all five units. In Nebraska, you can be recognized at the Business and Recognition Session at the State Leadership Conference.

For more information about Power of One, visit <http://fcclainc.org/programs/power-of-one.php>

State Officer Leadership Academy (SOLA) Notes

Contributed by: Cole Martinez, Vice President of Development

I'm sure many of you know the 2016-2017 State Officer Team from the 2016 State Leadership Conference when you saw the installation at the Closing Ceremony; but, that was only the beginning of our journeys. This May, the Nebraska FCCLA State Officer Team had the opportunity to attend the State Officer Leadership Academy, also known as SOLA in Kearney, Nebraska. Here the SOT held meetings in which future events were planned and attended classes at Team Concepts, which is also located in Kearney. At Team Concepts the group worked with owner Josh Erickson and his amazing team. Josh is an entrepreneur whose main focus is to help develop leaders and form stronger bonds between team members.

On the first day, the team was reunited for the first time since SLC. Everyone was excited to see each other again but knew that there was work to be done. The first meeting went well with everyone contributing and coming up with new ideas. We knew that this would be the start of a great year. Other Career and Technical Student Organizations (CTSOs) were represented including FBLA, DECA, HOSA, Educators Rising, and Skills USA. As time progressed we met and bonded with state officers from the other CTOS.

The next day consisted of team building activities with the other CTOS. We were mixed into groups and did a series of 6 activities. These activities ranged from raising people into the air to get them through a "spider web" to balancing a board with 10 people on it.

As the next two days passed they were full of crazy skits, marble races, cup stacking competitions, and learning experiences, but when it was time to depart it was definitely tough. As each one of us left one by one we knew we wouldn't see each other for a while, so it was definitely bittersweet. After this training I can most definitely assure you that you can keep looking forward to the great things the 2016-2017 Nebraska FCCLA State Officer Team have planned for this year.

Interested in SPOT or SOT?

Contributed by: Whitney Parker, Nebraska FCCLA State 1st Vice-President

One of the greatest opportunities any FCCLA member could experience, is running for the State Peer Officer Team or the State Officer Team. By running for a one of these offices, you will learn more about this great organization and will have the opportunity to improve upon your leadership and public speaking skills. Through this process, you will also have the opportunity to meet FCCLA members from all over the state. Running for an office improves your current strengths, but also challenges you to grow as a person.

Some members say that being on SOT or SPOT is not for them because they are scared of the unknown. Active members need to take a leap of faith and fill out the application because they may be surprised about what may happen. The application process may seem like the hardest thing to do; however, it is just the start of a wonderful journey. Being on one of these two teams will change your life. The experience that you gain from the process will help you in high school, college, and even your future careers.

Once you have decided to run for an office the first thing you need to do is review the guidelines for these offices and determine whether or not you have the dedication that is required. These activities take additional time outside of your current chapter responsibilities. Next, whether you are running for SOT or SPOT, you will need to read and fill out the application.

From there the processes differ but both require some sort of knowledge test. The State Officer Candidate test has a focus on FCCLA knowledge while the SPOT Candidate test focuses on the content you will need to know how to share as a peer educator. If you are running for SOT, then you can start writing your speech but if you are running for SPOT you won't be able to write up your presentation until after the Peer Education Conference. At the Peer Education Conference, all candidates will draw for their topics which are related to the team which they have applied for. Once you have your speech written, make sure you work on getting the speech or presentation memorized. It looks better if you do because it shows that you will put in the time and energy to get things done.

The next big thing is to work on your interview skills. The SOT interview will consist of a behavioral based interview lasting approximately 30 minutes and SPOT will have one 5-10-minute interview.

Throughout the process, your adviser is also great resource. They can give you feedback on your presentation, and help with mock interviews. Not only your adviser can help you but individuals in school administration or in the community can also be helpful. I know that I had help from my Principal and people from the community by having mock interviews and by giving me feedback on my speech. Your adviser, teachers, administrators and community members are all there for you. They want you to be successful, all you have to do is ask.

If you have more questions about running for one of these positions, please visit the Members section of the Nebraska FCCLA website.

The journey to the ultimate leadership experience starts with you!

Upcoming Events

An entire list of events and deadlines can be found on the Events page of the Nebraska FCCLA website.

September

28-2 Capitol Leadership meeting in Washington, D.C.
30 Chapter Spotlight in October *Red Leader* deadline

October

1-31 Domestic Violence Awareness Month – Family Leader Outreach Project
1 A Day in Your Future job shadow program applications due to the State Adviser
15 A Day in Your Future participants notified
15 October *Red Leader* published
31 Chapter Spotlight in November *Red Leader* deadline

November

1-30 National Career Development Month-Career Leader Outreach Project
1 Chapter Affiliation due to Nationals for Nebraska Chapter Award Consideration
4-6 National Cluster Meeting in Denver, CO
14 Commissioner's Recognition (*by invitation only*)
15 November *Red Leader* published
15 A Day in Your Future placements arranged
18-20 National Cluster Meeting in Orlando, FL
30 Chapter Spotlight in December *Red Leader* deadline



About Our Organization...

Nebraska Family, Career and Community Leaders of America (FCCLA) is a dynamic student organization which holds the family as its central focus. We promote leadership and service in the family, career, school, and

community and help members improve themselves and the world in which they live. FCCLA is a national Career and Technical Student Organization that provides personal growth, leadership

development, and career preparation opportunities for students in Family and Consumer Sciences education.

*Email your Chapter
Spotlights to
nebraskafccla@gmail.com.
All entries submitted in a
month will be featured in the
following month's Red
Leader.*

Nebraska Family, Career, and Community Leaders of America

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