

# ***GETTING STARTED WITH STAR***

In Nebraska, each chapter needs **TWO** resources to implement a quality STAR Program:

- **Nebraska STAR Handbook** – newest revision found on Nebraska FCCLA website  
Think of this as the “operations manual” for the Nebraska State events and remember that some information is updated annually. Any variations from the national events are identified in this Handbook.
- **National STAR Events Manual** – newest revision found on National FCCLA website  
Think of this as the “operations manual” for the National STAR events. There are more national events than we offer here in Nebraska; be sure to use the Scope of STAR Program page in the Nebraska STAR Handbook to determine what events will be offered for the current year.

The Nebraska STAR Handbook contains:

- An introduction to the STAR program and a **Scope of STAR Program** (revised annually) that indicates what Nebraska events (not offered at national level) and what National STAR events are offered within our state; not all national events are offered.
- A section entitled “**Information Applying to Both Nebraska STAR and National STAR Events**” Eligibility requirements, definitions, allowable presentation elements, format instructions, the Planning Process, glossary and other items are found in this section. A CRITICAL piece of information is the “**Chart of Differences Among National, State and District Events**” It summarizes differences in requirements at each level (i.e. what information to place on labels and project identification pages)
- Nebraska STAR Presentation Events – Rules for the Nebraska events that do not advance to the national level.
- State Management – policies and forms related to participation at the state and national level.

The National STAR Events Manual contains:

- Rules and rating sheets for all national events. Generally, Nebraska follows the national events manual for the national events; however a few variations are identified in the Nebraska STAR Handbook.

## ***TIPS FOR NEW ADVISORS OR ADVISORS NEW TO STAR***

- Secure both State Handbook and National Manuals and READ RULES
- Find a STAR “Advisor Mentor” in your district
- Name a former State or National participant (from a neighboring chapter if there are none in your chapter) as a STAR consultant to your members
- Give one of you local chapter officers the responsibility of STAR
- Start SMALL . . don’t try to do all events the first year!
- Integrate STAR events into classroom requirements
- Work with community groups to provide programs that consist of STAR presentations
- Make students responsible for managing their STAR project. You are only a facilitator to the students. Don’t do the project for them! ! !
- Check with your District STAR Chairperson to determine scope of district events, dates, policies, processes, etc. Each district operates a little bit differently.
- Have STAR officer (or STAR participants) assume responsibility for completing forms and meeting deadlines – affiliation, district events, state events
- Download Handbook and make a copy. Keep one as a master (may want to put in page protectors and place in a notebook) and divide the other one into sections so more members can use them at the same time
- Schedule students as observers in district and state events; have them share what they learned with others

### **MAKE IT EASY ON YOURSELF**

You can learn two sets of rules yet involve 27 members! ! !

Group 1	Illustrated Talk, Consumer Issues, Family Challenges & Issues, Health & Wellness
Group 2	Chapter Service and Chapter Showcase